

Detection of BK virus by PCR in Suspected Graft Dysfunction in Renal Transplant Recipients and Cystitis in Bone Marrow Transplant Recipients

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ABSTRACT

BK virus (BKV) is a prevalent infectious agent known to be a leading cause of nephropathy and graft loss among kidney transplant recipients. Furthermore, it has emerged as a significant concern for individuals undergoing hematopoietic stem cell transplantation, often presenting as hemorrhagic cystitis. However, the incidence of BK virus infection among transplant recipients in Bangladesh is unknown. Routine BKV PCR data were analyzed from hospital record from a total of 95 renal transplant recipients who were suspected of experiencing graft dysfunction, and 16 bone marrow transplant patients who developed cystitis and/or hematuria between October 2021 and December 2024. BKV was detected in 17 (17.89%) out of the 95 renal transplant recipients and in 11 (68.75%) of the 16 bone marrow transplant recipients. Co-infection with cytomegalovirus (CMV) was observed in 2 out of the 17 renal transplant recipients and in 5 out of the 11 bone marrow transplant recipients. Thus, prompt BKV identification by PCR may be important to decrease the likelihood of BKV associated nephropathy induced graft dysfunction and cystitis in bone marrow transplant.

Keywords: BK virus, Renal transplant, Bone marrow transplant, Cystitis.

INTRODUCTION

BK virus (BKV) is a double stranded DNA virus, member of the Betapolyomavirus genus in the Polyomaviridae family¹. BKV has a small, nonenveloped, icosahedral capsid with a diameter of 40 to 44 nm comprised of the virus-encoded capsid proteins VP1, VP2, and VP3². VP1 is the sole viral protein that is externally exposed on the virion's surface, and it plays a crucial role in attaching the virus to host cell receptors, facilitating the virus's entry into the host cell. Furthermore, VP2 and VP3 have specific binding sites that interact with histones and genomic DNA³.

BKV is widely prevalent in general population with over 80% individuals having antibodies against BK virus^{4,5}. Usually, primary BKV infection occurs during childhood and then the virus remains dormant throughout life, especially in the kidneys and urinary system. It does not cause significant

morbidity in healthy individuals^{6,7}. The most common mode of transmission is through respiratory secretions or urine since infected individuals periodically excrete virus in the urine. Viral spread to other organs is believed to be via bloodstream and in immunocompetent individuals, it remains clinically silent in renal tubular epithelium⁸. Latent BKV becomes reactive in immunosuppressed individuals, such as pregnancy, HIV infection or transplantation; in such patients BKV develops BKV-related renal failure, known as BK virus-associated nephropathy (BKVAN). It is reported that BKV became reactivated in 10-60% of the cases of renal transplant patients from which 1-5% would undergo nephropathy; half of the patients with nephropathy rejected their transplanted kidney. Risk factors of BKV-induced nephropathy are not well-known. However,

immunosuppressant drugs, transplantation and BKV itself account as the major risk factors⁹⁻¹².

On the other hand, hemorrhagic cystitis (HC) is a well-recognized BKV associated complication in hematopoietic stem cell transplant (HSCT) or bone marrow transplant (BMT) recipients¹³. However, as of now, there have been no reported cases of BKV association with bone marrow transplant patients in Bangladesh since its initiation from 2014.

There have been very few studies conducted in our country pertaining to BKV. A study conducted by Nessa et al. in Bangladesh focused on renal transplant recipients. The study revealed that 26.6% of randomly selected renal transplant patients were infected by BKV, while there was no indication of BKV infection in the healthy control group¹⁴. This finding underscores the prevalence of BKV infection among renal transplant recipients in the region, highlighting the importance of monitoring and managing this viral infection in this vulnerable population¹⁴.

Considering the high prevalence of renal failure and the role of BKV in graft rejection, this study aimed to determine the incidence of BKV infection in suspected graft dysfunction in renal transplant and allogeneic bone marrow transplant recipients referred to our hospital.

MATERIAL AND METHODS

Patient Population and Data Collection

The data of the patients were taken from hospital information system of Evercare Hospital Dhaka, situated at Bashundhara Residential Area, Dhaka, Bangladesh and the study period was October 2021 to December 2024. We included a total of 111 cases who underwent renal or bone marrow transplantation. Patients lacking any history of bone marrow or renal transplantation were excluded from this study. As it is a data based retrospective study, patient consent is not required in these cases.

Viral nucleic acid extraction and purification:

Urine or blood samples were collected for BK virus isolation. DNA mini kit, Qiagen, Germany was used for viral DNA extraction. DNA was extracted from 200 µl of urine/serum sample following kit manufacturer's protocol and stored at -80°C.

PCR protocol

CE-IVD approved commercial real time PCR kit from GeneProof (BK Virus PCR Kit) was used for the detection of BK virus. 30 µl PCR master mix was added with 10 µl of each isolated nucleic acid sample, negative control and positive control in 0.2ml PCR tube (nuclease free water as negative and synthetic DNA as positive control was used). QuantStudio 5 Dx platform (Applied Biosystems, USA) was used for PCR amplification according to kit manufacturer's instruction which was programmed as follows: 37 °C for 2 min, 95 °C for 10 min, 45 cycles of 95°C for 5 s, 60°C for 40 s and 72°C for 20 s. Signal was acquired at 60°C, and analysis was performed on the linear scale. Thresholds were set manually on each run. Fluorescence detected in FAM channel was for amplification of BK virus and HEX channel was for amplification of internal control.

RESULT

Demography

In a cohort of 111 transplant recipients, males constituted the majority 68(61.26%), outnumbering females. The median age of the study population was 40 years. Among the 111 cases, 95 (85.59%) had undergone renal transplantation, while 16 (14.41%) had received bone marrow transplants. The larger proportion of renal transplant recipients falls within the age group of over 45 years (40%; 38 out of 95), while in bone marrow transplant cases, half of the population are below 30 years of age (50%; 8 out of 16) (Table-1).

Table1: Demographics of study population

Age	Total cases, (%) (n=111)	Renal transplanted, (%) (n=95)		Bone marrow transplanted, (%) (n=16)	
		Male	Female	Male	Female
Below 30yrs	30 (27.03)	16 (16.84)	6 (6.32)	6 (37.5)	2 (12.5)
30-45yrs	36 (32.43)	19 (20)	13 (13.68)	3 (18.75)	1 (6.25)
>45yrs	45 (40.54)	23 (24.21)	18 (18.95)	1 (6.25)	3 (18.75)
BKV positive	28 (25.23)	12 (12.63)	5 (5.26)	7 (43.75)	4 (25)
BKV negative	83 (74.77)	47 (49.47)	31 (32.63)	3 (18.75)	2 (12.5)

BKV detection in renal transplant recipients

Virological analysis of plasma or urine samples by PCR showed the presence of detectable BKV DNA in 17 (17.89%) of the post-transplantation patients out of a total of 95 renal transplant cases having suspicion of graft dysfunction. Of them, 74 were blood samples as preferred by the clinician and the positivity rate was 9.46% (7/74). The remaining 21 samples were urine specimens as preferred by the clinician and out of them 9 (42.86%) were tested positive for BKV. Kidney transplant recipients with

CMV, EBV, HHV 15 along with BKV 15 renal transplant recipients' sample were further evaluated for CMV, EBV, and HHV6. We found 7 positives for CMV and 1 showed co-infection with CMV and EBV (Table-2).

BKV detection in bone marrow transplant recipients

Out of 16 BMT recipients with suspected cystitis, 11 (68.75%) tested positive for BKV. Majority cases were tested positive (~91.67%; 11/12) using urine specimens, while the remaining 4 were diagnosed

Table 2: Viral load and serum creatinine correlation in renal transplant recipients

Sl. no	Highest level of BKV viral load		Serum creatinine	Corresponding CMV/EBV/HHV6 infection	Clinical Diagnosis	Transplant type (years)	
	Blood	Urine					
1		1x108	4.26	CMV & EBV positive	Chronic graft rejection	Kidney (2020)	
2		1x105	1.32		Graft dysfunction	Kidney (2021)	
3	1.5x105		1.79		Graft dysfunction	Kidney (2021)	
4	4.9x103		2.01		Graft dysfunction	Kidney (2021)	
5	650		1.8		Graft dysfunction	Kidney (2022)	
6	943		2.84		Graft dysfunction	Kidney (2021)	
7		1x107	8.43		Graft dysfunction	Kidney (2022)	
8	950		3.0		Graft dysfunction	Kidney (2022)	
9	3.3x106		1.56		CMV positive	Graft dysfunction	Kidney (2022)
10		2.1x107	1.6			Graft dysfunction	Kidney (2022)
11		1.2x109	1.45			Graft dysfunction	Kidney (2022)
12		1x109	1.37			Graft dysfunction	Kidney (2022)
13		2.8x108	2.14			Graft dysfunction	Kidney (2023)
14		1.8x108	1.6			Graft dysfunction	Kidney (2023)
15		1x104	16.18	Graft dysfunction		Kidney (2022)	
16		1.1x104	3.9	Graft dysfunction		Kidney (2022)	
17	2.6x104		1.7	Graft dysfunction		Kidney (2022)	

BKV positivity had elevated serum creatinine levels, with a median value of 1.8 mg/dl (IQR: 1.56-3.0). All renal transplant recipients who tested positive for BKV exhibited graft dysfunction.

BKV and CMV/EBV/HHV-6 co-infection in renal transplanted cases

As transplant patients often got infection with

through blood specimens. Among the BMT recipients with BKV positivity, their serum creatinine levels were within the normal range, with a median value of 0.77 mg/dl (IQR: 0.65-1.0). All bone marrow transplant recipients who tested positive for BKV exhibited hemorrhagic cystitis (Table-3).

Table3: Viral load and serum creatinine correlation in bone marrow transplant recipients

Sl. no	Highest level of BKV viral load		Serum creatinine	Corresponding CMV/EBV/HHV6 infection	Clinical Diagnosis	Transplant type (years)
	Blood	Urine				
1		7.4x10 ⁸	0.77	CMV, EBV & HHV6 positive	Hemorrhagic cystitis	Bone marrow (2020)
2		2.5x10 ⁷	0.82	Negative	BKV cystitis	Bone marrow (2021)
3		4.7x10 ⁸	1.1	CMV positive	Hemorrhagic cystitis	Bone marrow (2022)
4		7.9x10 ⁶	1.0	CMV positive	BKV cystitis	Bone marrow (2021)
5		1.8x10 ⁴	0.79	Negative	BKV cystitis	Bone marrow (2023)
6		7.1x10 ⁸	0.35	CMV positive	Hemorrhagic cystitis	Bone marrow (2023)
7		4.1x10 ⁷	0.57	CMV positive	Hemorrhagic cystitis	Bone marrow (2023)
8		6.3x10 ⁶	1.1	Negative	Hemorrhagic cystitis	Bone marrow (2023)
9		2.5x10 ⁹	0.69	HHV6 positive	Hemorrhagic cystitis	Bone marrow (2023)
10		4.9x10 ⁴	0.65	Negative	Hemorrhagic cystitis	Bone marrow (2023)
11		1x10 ³	0.7	Negative	Hemorrhagic cystitis	Bone marrow (2023)

BKV and CMV/EBV/HHV-6 co-infection in bone marrow transplanted cases

BKV positive BMT recipients underwent evaluation for CMV, EBV, and HHV6. In terms of co-infections, 4 cases displayed positivity for both CMV and BKV, 1 case BKV and HHV6 positive while 1 case exhibited co-infection involving CMV, EBV, HHV6, and BKV. BKV viral load was found higher in most of the co-infection cases (Table-3).

DISCUSSION

Renal transplantation, an advanced form of renal replacement therapy, has emerged as the preferred approach for managing patients with end-stage renal disease¹⁶. The BK virus constitutes a significant risk factor for graft dysfunction and potential graft loss following kidney transplantation^{17,18}. Renal allograft recipients rely on ongoing immunosuppressive treatment, and advancements in immunosuppressive medications have notably diminished complications associated with rejection in these recipients^{19,20}. Effective immunosuppression has been associated with a higher occurrence of BK viral infection in this

population, ultimately resulting in the development of BKV nephropathy^{21,22}.

Prompt identification of BKV reactivation in both urine and plasma serves as a valuable clinical resource for pinpointing individuals at risk of BKVAN and for tracking their response to Treatment^{23,24}. BK viremia load > 1,85,000 copies/ml at the time of first positive BKV diagnosis - to be the strongest predictor for BKVAN. In addition, the BKV peak viral loads in blood reaching 2,23,000 copies/ml at any time was found to be predictive for BKVAN²⁵. BKVAN is defined as persistently high BK viral load in plasma >10,000 copies/mL for four weeks²⁶. BKV shedding in the urine is common and can occur in up to 30% of renal transplant recipients. Urine can be screened for BKV by quantification of urine BKV DNA by PCR. If only urine BK screening is to be performed, urine BKV PCR will be considered as the superior assay, using the threshold of >1 × 10⁷ copies/mL as suggestive of BKVAN²⁷. The excretion of BK virus in urine is observed in 20-60% of kidney transplant patients. The occurrence of BK viremia is approximately 13%, and post-transplant nephropathy is reported in roughly 8% of cases. Nephropathy can ultimately

lead to graft loss²⁸⁻³³. In our study, renal transplant recipients' BKV shedding rate was 47.62% (10/21) and viremia rate was 9.46% (7/74) which is similar to the above findings. Another study from Greece reported dissimilar findings where patients with high plasma and/or urine viral load had stable renal function with no sign of graft failure³⁴.

Hemorrhagic cystitis (HC) poses a significant health risk for patients undergoing hematopoietic stem cell transplantation (HSCT). The connection between BK virus (BKV) and HC was initially identified in the 1980s when substantial quantities of BKV were found in the urine samples of individuals who had received HSCT^{35,36}. The incidence of BKV-associated HC in individuals undergoing HSCT is approximately 10%, often occurring around 2 weeks following the transplantation procedure³⁷. BKV viruria is detected in roughly 50% of patients undergoing bone marrow transplantation, and increased viruria levels are linked to an elevated risk of developing HC³⁸⁻⁴⁰.

In our study population, BKV viruria was detected in 68.75% (11/16) of bone marrow transplant cases and ultimately developed hemorrhagic cystitis which corresponds to the above findings. Common symptoms of HC patients were dysuria, frequent urination, urinary urgency, suprapubic discomfort, and the presence of blood in the urine (hematuria)⁴¹⁻⁴⁵.

BK virus (BKV), Cytomegalovirus (CMV) and Epstein-Barr virus (EBV) reactivations are common after kidney transplantation and associated with increased morbidity and mortality⁴⁶. In our study, we found co-infections of CMV, EBV and BKV in 2 renal transplant and 6 bone marrow transplanted cases. A single case of bone marrow transplant was noted with CMV, EBV, HHV-6 and BKV infection. The effects of combined reactivations are unknown and co-infection related scientific research and case reports published worldwide⁴⁷⁻⁴⁹. Early diagnosis is the key to prevent graft loss.

Serum creatinine level within normal range (0.5-1.2 mg/dl) is the most important marker of normal functioning kidney. In renal transplant patients, allograft dysfunction is presented with elevation of serum creatinine. The main presenting indicator for graft

dysfunction is elevated level of serum creatinine in renal transplant patient. Kidney transplant recipients with BKV positivity had elevated serum creatinine levels (median 1.8 mg/dl) whereas BKV positivity in bone marrow transplant recipients had normal creatinine levels (median 0.77 mg/dl) as expected.

BK virus infections are common childhood infections; in immunocompetent individuals the virus remains latent in the kidneys, central nervous system, and B lymphocytes. In immunocompromised patients, the infection reactivates and spreads to other organs and causes significant morbidity, in particular BKVAN in renal transplant recipients and hemorrhagic cystitis in hematopoietic stem cell recipients^{3,7}. Since the discovery of the clinical significance of BK virus infection in renal and bone marrow transplant recipients, a great amount of scientific research has taken place worldwide. However, there are limited published data regarding BK virus nephropathy in renal transplant recipients or there is no data of BK hemorrhagic cystitis infection in bone marrow transplant recipients in Bangladesh. Kidney transplant has been started in Bangladesh since 1982^{50,51} and bone marrow transplant since 2014⁵², but screening for BKV infection is not initiated yet for donor or recipients.

The present study has several limitations. It is worth noting that this research is single-centered and based on a relatively small sample size, which may restrict the applicability of its findings to a broader population. Additionally, the retrospective study design adds to the study's constraints. Therefore, it is strongly advisable to pursue a larger-scale, multi-centric study for more comprehensive and in-depth examination of BKV-associated nephropathy (BKVAN) and BKV-induced hemorrhagic cystitis in transplant recipients.

CONCLUSION

BK virus infection poses a significant and global concern for individuals who have undergone renal and bone marrow transplants. Early detection and appropriate management such as reduction of immunosuppression may significantly lower the

risk of BKV infection-induced graft failure. The findings from this research underscore the prevalence of BK virus infection among recipients of renal and bone marrow transplants in our country. Therefore, heightened vigilance is warranted for these patients, with a particular focus on monitoring for the development of BK virus nephropathy or hemorrhagic cystitis, as there are currently no known antiviral treatments proven effective in clearing the virus.

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