Case Report

A patient with atrial septal defect with cyanosis with diagnostic dilemma turned out to be a case of Total Anomalous Pulmonary Venous Connection (TAPVC)

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Abstract
Total anomalous pulmonary venous connection (TAPVC) is a congenital cyanotic heart disease where all 4 pulmonary veins do not open directly to left atrium (LA). There are 4 types of TAPVC. Supracardiac type forms a confluence and may open to Innominate vein or SVC. Cardiac type usually opens to coronary sinus. Infracardiac type opens to hepatic veins or other veins. Mixed type is the combination of others. Of these 4 types infracardiac type is most vulnerable and presents with early features of cyanosis, pulmonary hypertension, pulmonary vein obstruction. We present the case of an 18 year old lady with atrial septal defect (ASD) with cyanosis. Pre operative echo showed ASD with 3rd chamber behind LA, CT angiogram revealed large ASD, with tongue like extended chamber in posteromedial aspect of RA. Preoperative angiogram report was inconclusive. Despite the diagnostic dilemma, we took the challenge and the patient went for open heart surgery. The patient recovered well and discharged on 10th post operative day. Post operative echocardiogram is encouraging and she is doing fine.

Key words: Preterm, Prelabour, Rupture membrane, Feto-maternal, Outcome

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Introduction
Total anomalous pulmonary venous connection (TAPVC) is a rare form of congenital anomaly in which all 4 pulmonary (PV) veins do not open directly to left atrium (LA). Its prevalence is 0.6-1.2/per 10000 live births, being one of the most common forms of congenital cyanotic heart disease.¹² According to Darling and associates TAPVC is classified as supracardiac, cardiac, infracardiac and mixed variety. Majority of patient’s presents with cyanosis, fatigue during feeding, poor weight gain, and diaphoresis. Maximum number of patients dies before 1 year of age without surgery. Even after surgery in hospital mortality was in the range of 2% to 18% after TAPVC repair.³⁴ Pulmonary venous drainage stenosis occur in 6% to 9% of cases after surgery and particularly prevalent in young patient, infracardiac type, and preexisting pulmonary vein stenosis.⁵⁶ Major independent risk factors are preexisting PV narrowing and pulmonary hypertension.

Case report
This 18 year old married female patient presented with exertional dyspnoea, palpitation, chest pain for 12 months. On examination, she was cyanosed, malnourished, systolic murmur in apical area, heart rate: 72/min, BP: 89/54 mm of Hg. SPO2: 88%, weight: 30 kg. CBC showed Hb: 9.5 gm/dl, HCT: 29%. Platelet: 325000. Echocardiogram shows ASD (secundum), 3rd chamber

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behind LA, dilated RA, RV and PA. Left to right shunt, pulmonary hypertension with TR grade II with PASP: 67 mm of Hg (Figure 1). CT shows large ASD (Figure 2), folded tongue like extended chamber at posteromedial aspect of RA in between and connecting both atrium, dilated RA, RV, PA and PV with Pulmonary hypertension (Figure 3). Cardiac catheterization revealed nothing contributory. Despite the diagnostic dilemma we decided to go for surgery. We found that, Innominate vein, SVC, RA, RV enlarged and dilated (Figure 4). All pulmonary veins open to a separate chamber that opens to coronary sinus. The coronary sinus was dilated (Figure 5). A 10x9 mm ASD II present. So, on table it was found to be a case of TAPVC intracardiac type. Under cardiopulmonary bypass, de roofing of coronary sinus done and pericardial patch was sewn to keep the all pulmonary veins in left side including the coronary sinus (Figure 6). Later Devega procedure was done to correct TR. Patient smoothly weaned from bypass and shifted to CICU with minimum inotropic support. She was extubated in the evening and discharged in 10th post operative day in a stable condition (Figure 7). She came for follow up after 2 weeks and she is alright. Post operative Echo shows successful ASD closure, PASP 50 mm of Hg, TR Gr1, and PH.
Discussion

Our patient presented with ASD with cyanosis. Preoperative Echocardiography and CT scan was not very conclusive. Despite the diagnostic dilemma, we took the challenge to go for open heart surgery and found that this was a case of TAPVC. Wilson first described TAPVC in 1798. After that 4 types of TAPVC appeared after one and half centuries later. The pioneers in surgical treatment of TAPVC are Senning and Lewis and his coworkers who performed operation using closed method or an open approach with deep hypothermia and inflow occlusion technique respectively.

The study of Hellmut revealed supracardiac type (41%), Cardiac (17%), infracardiac type (36%) and mixed type (6%). 30% of TAPVC cases are associated with other heart disease such as Atrial septal defect (ASD) which is the main life line of blood flow to left atrium. Post operative complications include pulmonary venous obstruction (PVO), pulmonary hypertension, and right heart failure. PVO is calculated as 0= no stenosis (mean gradient≤ 2mm of Hg), 1= mild stenosis (mean gradient 2-6.9 mm Hg), 2= severe stenosis (mean gradient≥7 mm Hg) and 3= complete occlusion.

Previous studies revealed that PVO might be present in 25% to 50% of TAPVC cases at initial diagnosis. Corrective surgery for TAPVC should be done as early as possible.

In the study of Hellmut, patients with infracardiac type had higher pulmonary artery pressure and became symptomatic earlier. Obstructive forms are neonatal surgical emergencies that lead to death in the absence of surgical correction, which is often difficult and must be negotiated with the anatomical types of TAPVC. Though previous studies showed low body weight, young age, prematurity were associated with higher mortality, but recent studies showed that these factors are not as great risk as before.

In 2010, Bobby and associates applied a new technique which is known as sutureless technique. In this process large incisions are made over the pulmonary veins and pericardium is used in situ to create neo left atrium. There is no suture line on the native pulmonary vein tissue. The term sutureless means there is no direct communication between pulmonary vein and left atrium. The advantage is less intimal proliferation because the suture line is not directly over pulmonary vein and secondly there is less chance of narrowing or distortion of pulmonary veins. It has been shown that sutureless technique improves survival in post operative pulmonary vein stenosis (PVS).

Conclusion

Total anomalous pulmonary venous connection (TAPVC) though uncommon, should be treated as soon as possible. Because of danger of high mortality within first year, surgical correction is the only alternative. Post operative morbidity and mortality has been reduced significantly in recent past because of advancement of surgical knowledge and surgical technique.

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References


