# Case Report

## Solid Pseudopapillary Neoplasm of Pancreas In A 35 Year Old Lady

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#### **Key Words:**

Solid pseudopapillary neoplasm of pancreas, Chronic pancreatitis, pancreatic pseudocyst.

#### **Abstract:**

Solid pseudopapillary neoplasm of pancreas (SPN) is a rare entity; therefore proper diagnosis, evaluation and formulation of treatment protocols is difficult. The commonest presenting symptom is abdominal pain. This article presents a case of solid pseudopapillary neoplasm of pancreas in a 35 years old lady. A high index of clinical suspicion is necessary to suspect and diagnose SPN. This diagnosis should be borne in mind when young female patients present with a pancreatic mass.

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#### **Introduction:**

Solid pseudopapillary neoplasm of pancreas (SPN) is a low grade malignancy composed of poorly cohesive monomorphic epithelial cells forming solid and pseudopapillary structures (WHO). It derives from centroacinar cells Not truly papillary or truly cystic. Also called SPT, papillary and solid epithelial neoplasm, papillary cystic neoplasm, Gruber-Frantz tumor. It comprises 1-2% of non-endocrine pancreatic neoplasm . Mean age 30-35 years, 90% women, not associated with any clinical syndrome most of the time. <sup>1,2,3</sup>

### Case Report:

Mrs. Minara Begum, 35 years, from Laxipur was admitted in Shaheed Suhrawardy Medical College Hospital with complaints of recurrent left upper abdominal pain for 2 years which was dull aching, moderate in intensity, sometimes radiate to back with no aggravating factors but relieved by taking medication (usually oral) and not associated with vomiting. Each episode of pain usually persist for 7 to 10 days and recur with an irregular interval. A gradually increasing, painful lump was noticed in left upper abdomen for last 2 months. She had anorexia, fullness after meal, fatty food intolerance, losing almost 4 kg weight

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within last two months. There was no history of jaundice, haemoptysis, chest pain, haematemesis, melaena, haematuria, bone pain, evening rise of temperature or contact with TB patient. Her bowel- bladder habit was normal. On physical examination she was ill looking with below average body built, severely malnourished, moderately anaemic, non icteric, all of her vital parameters were within normal limits. There was a mildly tender lump in left hypochondriac and partly in left lumber region measuring about 10 x 8cm in diameter, globular shape, smooth surface, ill defined margin, firm in consistency, free from anterior abdominal wall, moves side to side but restricted above downward and also not moves with respiration, less prominent in knee- elbow position with no rise of local temperature. There was no organomegaly. All other systemic examination revealed no abnormalities.

Table-I

Biochemical Parameters	
Test	Result
Complete Blood Count	
Hemoglobin	8.4 gm/dl
ESR::	32 mm/1 st hour
Total count of WBC	6300/cum
Differential counts:	
Neutrophil	58%
Lymphocyte:	36%
Monocyte	02%,
Eosinophil:.	04%
S. lipase:	97 U/L
CA 19-9:	5.50 U/ml

USG revealed a well-defined rounded complex mass having solid and cystic component with internal septation and fatty component present within it, measuring about 11x 9.4 cm extending from left hypochondriac to left lumber region. CT scan report showed an oval mixed density lesion predominantly cystic having internal calcification measuring about 11.01 x 11.5 cm in left hypochondriac & lumber region posterior to the stomach, anterior to left kidney compressing the kidney posteriorly, displacing the stomach upwards. The mass could not be separated from the tail of the pancreas and after I/V contrast no abnormal enhancement is noted. USG guided FNAC shows few round cells and inflammatory cells in a background of RBCs but no malignant cell.

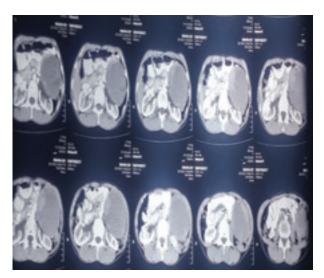


Fig.-1: CT Scan of Abdomen Axial View

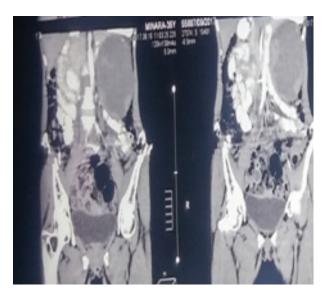


Fig.-2: CT scan of Abdomen Coronal View

After proper counselling and preparation laparotomy was done with a view that it is a pancreatic pseudocyst. Peroperative findings was a retroperitoneal mass on left hypochondriac and partly left lumber region with well defined margin and adherent to surrounding structures. There was no lesion in the liver and peritoneal cavity was free from any seedling. The mass was separated from surrounding structures including hilum of the spleen and found arising from tail of pancreas. Lump was adherent to few engorged segmental splenic vessels which were separated later, one was ligated. Lump was removed with part of pancreatic tail without disturbing the duct. Pancreatic tail was sutured by prolene. Proper hemostasis was maintained. Abdomen was closed in layers after keeping 2 drains, 1 in left subhepatic and another in pelvis.

Resected specimen was sent for histopathology. Sections reveal a solid pseudopapillarytumour of pancreas. It is made of uniform polygonal cells arranged around small thin walled blood vessels. Focal hemorrhage, hyalinized areas and a thin fibrous capsule are seen. No malignancy is seen. Post-operative period was uneventful. Oncological consultation was sought and patient was discharged with a proper follow up schedule.



**Fig.-3:** *Operative Specimen* 



Fig.-4: Operative Specimen(Transected)

#### **Discussion:**

SPN is very rare; in fact, they only constitute about 5% of cystic pancreatic tumors and about 1 to 2% of exocrine pancreatic neoplasms. They present mainly in the second and third decades of life. The origin of solid pseudopapillary tumors still remains unclear. These neoplasms have been suggested to have a ductal epithelial, neuroendocrine, multipotent primordial cell, or even an extra-pancreatic genital ridge angle-related cell origin. The clinical presentation of the tumor is usually nonspecific. Abdominal discomfort or vague pain is the most common symptom, followed by a gradually enlarging mass and compression signs induced by the tumor. Some patients are completely asymptomatic, with the tumor detected incidentally by imaging studies or routine physical examination. Usually there is no evidence of pancreatic insufficiency, abnormal liver function tests, cholestasis, elevated pancreatic enzymes or an endocrine syndrome. Tumor markers are also generally unremarkable<sup>4,5</sup>although some showraised level of CA-19-9.

SPN can occur in every part of the pancreas but they are slightly more common in the tail<sup>6</sup>. Grossly, it appears as a large and encapsulated mass, generally well-demarcated from the remaining pancreas. In fact, invasion of the adjacent organs, such as the spleen or the duodenal wall, is rare. Depending on the tumor position (head, body or tail of the pancreas), the differential diagnosis includes adrenal mass, pancreatic endocrine tumor, liver cyst or tumor, or a pseudocyst<sup>7</sup>.

Abdominal ultrasound and CT show a well encapsulated, complex mass with both solid and cystic components and

displacement of nearby structures. There may be calcifications at the periphery of the mass and intravenous contrast enhancement inside the mass suggesting hemorrhagic necrosis<sup>8</sup>. However, when compared with MR imaging, CT has inherent limitations in showing certain tissue characteristics, such as hemorrhage, cystic degeneration, or the presence of a capsule. These features may be suggestive of specific lesions such as SPN of the pancreas. Therefore, MR imaging may further aid in showing these characteristics and in the differential diagnosis of complex cystic masses within the pancreas<sup>9</sup>. Despite the technological improvements, preoperative diagnosis is difficult because of the similarity of findings among cystic lesions. Some studies advocate preoperative endosonography guided fine-needle aspiration biopsy for preoperative detection of the tumor, but this may not be accepted by others because of the uncertainty in diagnosis and the possible tumor spread 10,11

In approximately 85% of the patients, SPN is limited to the pancreas, while about 10% to 15% of tumors have already metastasized at the time of presentation<sup>12</sup>. The most common sites for metastasis are the liver, regional lymph nodes, mesentery, omentum and peritoneum.

Once the diagnosis of SPN is made, surgery is the first choice of treatment. SPN is usually surrounded by a pseudocapsule and exhibits benign or low-grade malignancy. Conservative resection with preservation of as much pancreatic tissue as possible is the treatment of choice. According to the location of the tumor, distal pancreatectomy with or without splenectomy, pylorous preserving pancreatoduodenectomy. Whipple operation or enucleation can be performed. Many studies have demonstrated that less aggressive surgical procedures could be preferred for the treatment of SPN <sup>13</sup>. Extensive lymphatic dissection or more radical approaches are not indicated when the disease is localized. Local invasion and metastases are not contraindications for resection. Portal vein resection is advocated when there is evidence of tumor invasion. For the metastases, surgical debulking should be performed, in contrast to other pancreatic malignancies. Metastases can be removed with enucleations or hepatic lobectomies and some patients with unresectable SPN may also have a long term survival <sup>14</sup>The overall five-year survival rate of patients with SPN is about 95%

Malignant SPN, designated as a solid-pseudopapillary carcinoma, occurs in 15% of adult patients. According to the WHO classification system, these are: 1) solid-pseudopapillary neoplasms with borderline malignancy potential; and 2) solid-pseudopapillary carcinomas. Criteria

which distinguish potentially malignant tumors and which are classified as 'SP carcinoma' are: 1) angioinvasion; 2) perineural invasion; and 3) deep invasion of the surrounding pancreatic parenchyma. A recent study showed that some histological features, such as extensive necrosis, nuclear atypia, high mitotic rate, immunohistochemistry findings of expression of Ki-67 and sarcomatoid areas may be associated with aggressive behavior <sup>15</sup>

Adjuvant therapy is used only in a small number of patients because of the high resectability of SPN. The role of chemotherapy or chemoradiotherapy in the treatment of SPN is also unclear. In some studies, adjuvant chemotherapy and radiotherapy are reported in some unresectable cases with good results <sup>16</sup>·Neoadjuvant chemotherapy or chemoradiotherapy is also reported to have been successful in a few cases <sup>17,18,19,20</sup>

#### Conclusions

SPN is a rare neoplasm that primarily affects young women. The prognosis is favorable even in the presence of distant metastasis. Although surgical resection is generally curative, a close follow-up is advised in order to diagnose a local recurrence or distant metastasis and choose the proper therapeutic option for the patient.

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