

The Netlike Skin Lesion -Cutis Marmorata

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Fig 1 and 2: mottled bluish (livid) discoloration of the skin that occurs in a netlike pattern

This 24 years old gentleman presented with A netlike, arborizing pattern on the anterior thighs and buttocks defined by violaceous, erythematous streaks resembling lightning. The skin within the erythematous areas was pale. On exposure to cold, lesions becomes more pronounced but never fades completely on warming¹. There was no ulceration. There were no other physical symptoms and signs. There was no history of dyslipidaemia or cardiovascular complication and hence sneddon's syndrome is excluded.² The investigations ruled out the connective tissue disease, vasculitis or haematological diathesis. There was no drugs exposure

like quinine or amantadine. The patient was diagnosed as a case of Idiopathic Livedo Reticularis³. The skin condition is also known as cutis marmorata³. Management is keep from chilling, Pentoxifylline (400 mg PO three times a day), low-dose aspirin, and heparin. The patient was discharged without any complication in hospital.

References:

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