

# **ORIGINAL RESEARCH ARTICLE**

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# Development and *in vitro* evaluation of polyurethane microparticles as carrier for bevacizumab: an alternative treatment for retinopathy of prematurity

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## ABSTRACT

Retinopathy of prematurity (ROP) is known as an abnormal development of the blood capillaries from the eyes' retina, and it is met to those infants that were born too early (premature) as its name suggests. Bevacizumab or Avastin belongs to the class of monoclonal antibodies and it is a possible treatment for those patients who have been diagnosed with a recurrent malignant glioma or other cancers due to its behavior to bind selectively to vascular endothelial growth factor (VEGF). In this study, eye drops based on a polyurethane carrier used for bevacizumab were obtained and the degradation of this carrier was studied for three weeks in two different media: simulated body fluid (SBF) and phosphate buffered saline (PBS); the influence of ultrasounds on the degradation of polyurethane carrier was also evaluated. The obtained results suggest that the polyurethane carrier presents a very slow degra dation which is beneficial for drugs which require low release rates and on the other hand, the concentrations of the degradation products remain at a low level.

Key Words: Bevacizumab, Polyurethane Carrier, Simulated Body Fluid, Phosphate Buffered Saline, Ultrasound.

# INTRODUCTION

Retinopathy of prematurity (ROP) is a disease that occurs by altering vasoproliferative retinal vasculogenesis and this development contributes a multitude of factors (Wilson *et al.*, 2013). The disease may present mild or may progress to retinal detachment and ultimately lead to blindness. For a long time this disorder has been considered one of the most terrible complications of prematurity, but modern treatment and prevention techniques used lately made great progress leading to a decrease in the number of cases of blindness in these children (Begue and Lopez, 2003).

ROP prevalence ranges from 5-8% in developed countries with adequate neonatal facilities and up to 30% in developing countries with average incomes. There is growing evidence that blindness due to ROP and ROP itself represent important health problems of people from middle-income countries from Latin America, Eastern Europe and in the advanced economies of Middle East and Southeast Asia. In this part of world, ROP is considered the most common cause of blindness in childhood. ROP is likely to become a growing problem in India, China and other Asian countries as these countries expand their providing care for premature babies (Di Fiore *et al.*, 2010; Zin and Gole, 2013; Liu *et al.*, 2012).

Retinopathy of prematurity is a debilitating disease that involves high costs for society if it is neglected. Therefore prevention, detection and early treatment confers especially premature babies and their families a decent life (Kretzer and Hittner, 1988; Gilbert, 2008).

Undeveloped retina of a premature is susceptible to insults that disrupt the neurovascular growth and thus leading to ROP (Hellström *et al.*, 2013; Fulton *et al.*, 2009).

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It was reported that ROP and cortical blindness are the most common causes of blindness in premature infants (Garcia-Serranoa et al., 2013). L. Filippi and his research team studied the safety and the efficiency of propranolol orally administrated to premature babies in early phase of ROP. They found that this cure is effective in counteracting the progression of ROP, but on the other hand numerous adverse effects were reported and this is the reason why the systemic administration was not considered sufficiently safe (Filippi et al., 2013). The effect of fishoil and soybean oil lipid emulsions on the development of ROP was compared in a recent paper; it was discovered that fish-oil lipid emulsions may be preventive for the development of ROP, but multicenter studies are needed to assess this effect in premature infants (Beken et al., 2014).

One year ago, a very large group of pediatric ophthalmologists from Spain published a protocol for the treatment of ROP; they presented the diode laser photocoagulation as the treatment of choice, and the fact that cryotherapy can be an alternative in the following circumstances: (i) poor mydriasis or opacities when laser therapy is impossible, (ii) as helpful technique to the treatment with laser in the case of persistent neovascularizations which can benefit from cryotherapy application, and (iii) urgent cases of aggressive ROP which require urgent treatment, but a laser is not available. Bevacizumab is known as the most widely used drug in prematures, even if several other anti-VEGF drugs have been approved such as pegaptanib, ranibizumab, etc. (Ferrer Novella *et al.*, 2013).

The eye drops, an alternative to normal tears, are used when the body does not produce a sufficient amount of tears or the tear does not have the proper ratio of components; in the both cases resulting dry eyes (Reed-Kane *et al.*, 2009). JG Crowston presents the following advantages of treatments with eye drops: non-invasive, reversible, generally safe, effective at reducing eye pressure, different mechanisms of action, and possibility

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to be additive (The Centre for Eye Research Australia, http://www.cera.org.au). Eye drops are also used for the treatment of several eye diseases (Stephen Foster, 2003). A novel approach of treating eye disease is represented by the autologous serum eye drops (ASE), but ASE producing procedures which were published are incomplete or vary significantly (Geerling et al., 2004). ASE are based on the clear part of patient's blood (serum), which is diluted with saline and bottled; it need to be kept in a freezer because it not contain any additives or preservatives (Autologous Serum Eyedrops, http://hospital.blood.co.uk/library/pdf). It should, however, be noted that practical difficulties and theoretical risks in producing ASE were reported; it was discovered that ASE are not prepared according to the international principles of collecting and preparing of blood products (Noble et al., 2004).

The applications of polyurethane materials have grown exponentially in the last century. Initially, the polyurethanes were developed in Europe as flexible fibers and foams (Shelke et al., 2014), and in the last 40 years, they have also been used in biomedical appliances or devices due to their biocompatibility and their mechanical flexibility (Cherng et al., 2013). The enormous increase of researchers' interest for polyurethane materials is due to the following reasons: (i) the rigidity of the material can be easily adjusted by modifying the order of magnitude of the molecular weight of polyols used in the synthesis (Król, 2007); (ii) the size of macromolecular structures can be easily adjusted by modifying the quantity of chain extenders which are used in the synthesis (diols with low molecular weight, as mono-ethylene glycol, 1,4butanediol, 1,6-hexanediol) (Ho et al., 1999); (iii) the stability or degradation of polyurethane materials in aqueous media can be changed by adjusting the ratio of polyester / polyether used as raw materials (Urgun-Demirtas et al., 2007).

The aim of this research is to evaluate the degradation of a polyurethane carrier used for bevacizumab in order to evaluate drug release rate.

#### MATERIALS AND METHODS

There were used monoethylene glycol (MEG) from Lach-Ner (Czech R.) and 1,4-butanediol (1,4-BD) from Carl Roth (Germany). Isophorone diisocyanate (IPDI), polyethylene glycol (PEG 200), polycaprolactone diol (PCL 530), acetone, and Tween<sup>®</sup>20 were purchased from Merck (Germany). The substances were not subject to any prior purification. Bevacizumab (25 mg/ml, Avastin<sup>®</sup>, Roche Diagnostics, Switzerland) was obtained from local pharmacy network.

Anhydrous salts (NaCl, NaHCO<sub>3</sub>, Na<sub>2</sub>HPO<sub>4</sub>, KCl, KH<sub>2</sub>PO<sub>4</sub>, K<sub>2</sub>HPO<sub>4</sub>, MgCl<sub>2</sub>) and HCl solution 1M were used to obtain SBF and PBS. The inorganic salts (analytical grade, <1.0% insoluble impurities) were heated at 110 °C for one hour previously any other operation in order to remove any traces of crystallization water.

#### Eye drops' preparation

Bevacizumab was encapsulated inside polyurethane microparticles (PuMp) in oder to obtain eye drops with a slow drug release rate. PuMp were synthesized in a multistep process described in Figure 1. Initially two phases were magnetically stirred (400 rpm) and preheated at 40°C separately: the isocyanate phase contains 0.6 ml IPDI was dissolved in 20 ml acetone; the aqueous phase was a mixture of 0.6 mL MEG, 0.6 mL 1,4-BD, 1.2 mL PEG 200, 1.5 mL Tween®20, and 40 mL distilled water. In the

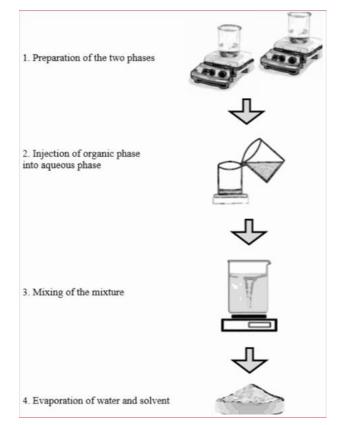


Figure 1: The steps of PuMp and PeuMp synthesis.

second step, the organic phase was rapidly injected in aqueous phase using a 1 / 1.1 (v/v) ratio between the two phases. An excess of aqueous phase was preferred because: (i) it can be easily removed when the products are washed; (ii) it assures a complete reaction of all isocyanate groups and thus prevent the formation of secondary products (amines from the reaction between unreacted isocyanate groups and water). The mixture was magnetically stirred (600 rpm) for 4 hours to assure the finishing of all chemical reactions; this was the step when PuMp are formed. In the last step, the products were washed with distilled water for three times and there were dried in a laboratory oven at 110°C for 12 hours.

Bevacizumab was added previous to formation of PuMp walls in the first step of the synthesis. The drug was used as a solution 25 mg/ml (bevacizumab, sodium phosphate, Tween<sup>®</sup>20, and water) and added in the aqueous phase. A quantity of 0.1 ml bevacizumab solution was injected into 2.4 ml active components of aqueous phase.

The dried PuMp powder with bevacizumab was dissolved in a saline aqueous solution 1% in order to obtain the eye drops. It was chosen a 1:5000 w/v dilution based on our experience about the polyurethane nano- and micro-structures' solubility (Borcan *et al.*, 2012).

The same procedure was used to prepare the positive control groups (polyester-urethane microparticles, PeuMp samples), but polyethylene glycol as raw material was replaced with polycaprolactone diol; same quantity was used. Polyester-urethane microparticles were chosen due to their increased water degradation by hydrolysis (Bikiaris, 2013).

Sample code	Sample description	Degradation medium	Degradation treatment
PuMp_1		SBF	stirring
PuMp_2	PuMp with 2.5 mg bevacizumab, dissolved in saline aqueous	PBS	stirring
PuMp_3	solution 1% (1:5000, w/v)	SBF	ultrasound
PuMp_4		PBS	ultrasound
PuMp_01		SBF	stirring
PuMp_02	PuMp without bevacizumab, dissolved in saline aqueous	PBS	stirring
PuMp_03	solution 1% (1:5000, w/v), used as negative control	SBF	ultrasound
PuMp_04		PBS	ultrasound
PeuMp_01		SBF	stirring
PeuMp_02	PeuMp without bevacizumab, dissolved in saline aqueous	PBS	stirring
PeuMp_03	solution 1% (1:5000, w/v), used as positive control	SBF	ultrasound
PeuMp_04	· · · <b>·</b>	PBS	ultrasound

Table 1: The treatments' scheme used to study the degradation of polyurethane carrier.

Table 2: Evolution of carriers' size during the experiment.

Sample code —	Carriers' size (nm) ± SE vs. Period of degradation treatment (days)			
Sample code —	5	10	15	20
PuMp_1	682 ± 36	$680 \pm 44$	676 ± 28	679 ± 33
PuMp_2	$675 \pm 44$	$671 \pm 36$	$673 \pm 45$	$672 \pm 42$
PuMp_3	$687 \pm 37$	$684 \pm 43$	$680 \pm 26$	$682 \pm 48$
PuMp_4	$668 \pm 33$	$665 \pm 46$	$663 \pm 35$	$664 \pm 34$
PuMp_01	$681 \pm 26$	$677 \pm 43$	$679 \pm 27$	$678 \pm 29$
PuMp_02	$670 \pm 35$	$668 \pm 36$	$671 \pm 34$	$667 \pm 45$
PuMp_03	$669 \pm 34$	$668 \pm 42$	$665 \pm 43$	$667 \pm 35$
PuMp_04	$673 \pm 44$	$670 \pm 45$	$669 \pm 43$	$670 \pm 34$
PeuMp_01	$643 \pm 28$	$521 \pm 36$	$404 \pm 39$	$378 \pm 41$
PeuMp_02	$659 \pm 36$	$538 \pm 38$	$442 \pm 27$	$369 \pm 29$
PeuMp_03	$651 \pm 37$	$517 \pm 40$	$409 \pm 36$	$356 \pm 29$
PeuMp_04	$648 \pm 45$	$524 \pm 47$	$412 \pm 46$	$362 \pm 38$

#### Obtaining of the degradation media

The protocol to prepare the simulated body fluid (SBF) was described in the literature long time ago. It is a solution containing the following ions at approximately the same concentrations as the human plasma: Na<sup>+</sup>, K<sup>+</sup>, Mg<sup>2+</sup>, Ca<sup>2+</sup>, Cl<sup>-</sup>, HCO<sub>3</sub><sup>-</sup>, HPO<sub>4</sub><sup>2-</sup>, and SO<sub>4</sub><sup>2-</sup>. A 500 ml flat bottom flask was washed with a neutral detergent and respectively with HCl solution 1M. Distilled water and salts previously presented were added and the mixture was magnetically stirred and heated to 36.5 degree with a VELP heating magnetic stirrer. The mixture was buffered at pH 7.4 with tris-hydroxymethyl-aminomethane solution 0.05M and HCl solution 0.045M (Kokubo *et al.*, 1990).

Phosphate buffered saline (PBS) was used as the second degradation medium. The medium was prepared by mixing 61.1 ml solution A and 38.9 ml solution B and finally adding 0.85 g NaCl. The salts-water mixtures were slowly stirred in order to avoid the introducing of oxygen into solutions. Solution A is a Na<sub>2</sub>HPO<sub>4</sub> solution 0.067M (947 mg in 100 ml distilled water), while solution B is a KH<sub>2</sub>PO<sub>4</sub> solution 0.067M (907 mg in 100 ml distilled water) (Azger Dusthackeera *et al.*, 2012). The pH of PBS was adjusted to 7.4 with HCl. Both media were finally sterilized by autoclaving.

#### Ultrasound treatment

The two media containing the eye drops were divided in two parts: one of them was subjected to an ultrasound treatment and the other one was only magnetically stirred without any heating for four hours daily (table 1).

A powerful ultrasonic lab homogenizer UP200S (Hielscher, Germany) was used for the ultrasound treatment. The device is suited for all ultrasonic applications in small scale: homogenization, disintegration, emulsification or cell disruption (UP200H/UP200S, http://www.hielscher.com). There were chosen the following settings of the device: complete cycles, an average amplitude of the oscillatory system (50%), and the S3 (micro tip 3) standard sonotrode.

A zetasizer (Malvern Instruments, UK) was used to evaluate the size of PuMp and PeuMp. For this purpose, the same aqueous solutions (1:5000 w/v) were used; the measurements were repeated three times for each sample. The results were used to estimate the degradation rate of the samples.

#### **Compliance with ethics requirements**

Authors declare that they have no conflict of interest and there were not any procedures involving animal or human subjects in this research.

#### Statistical analysis

For the statistical analysis of the obtained data, it was used the Analysis ToolPak from MS Excel Add-ins. The data are presented as average values. The correlation between features was evaluated using the Spearman rank coefficient r. P values less than 0.05 were considered statistically significant.

## **RESULTS AND DISCUSSION**

The zetasizer results about the evolution of PuMp and PeuMP size during the experiment are shown in Table 2. It is important to mention that PuMp (sample with bevacizumab) presented an average size of 679±48 nm and a zeta potential of 28.1±0.6 mV prior any degradation treatment, PuMp\_0 (sample of empty particles, without bevacizumab) presented an average size of 682±39 nm and a zeta potential of 28.4±0.2 mV, while PeuMp presented

Table 3: The equations and the slopes of samples' degradation trendlines

Sample code	Equation of trend lines	Slope of trend lines	P values
PuMp_1	$y = -0.26 \cdot x + 682.5$	-0.26	0.014
PuMp_2	$y = -0.14 \cdot x + 674.5$	-0.14	0.007
PuMp_3	$y = -0.38 \cdot x + 688.0$	-0.38	0.001
PuMp_4	$y = -0.28 \cdot x + 668.5$	-0.28	0.007
PuMp_01	$y = -0.14 \cdot x + 680.5$	-0.14	0.003
PuMp_02	$y = -0.12 \cdot x + 670.5$	-0.12	0.007
PuMp_03	$y = -0.18 \cdot x + 669.5$	-0.18	0.001
PuMp_04	$y = -0.20 \cdot x + 673.0$	-0.20	0.003
PeuMp_01	$y = -18.24 \cdot x + 714.5$	-18.24	0.014
PeuMp_02	$y = -19.32 \cdot x + 743.5$	-19.32	0.028
PeuMp_03	$y = -19.86 \cdot x + 731.5$	-19.86	0.028
PeuMp_04	$y = -19.40 \cdot x + 729.0$	-19.40	0.007

an initial average size of 825±31 nm and a zeta potential of 27.2±0.4 mV. An important difference between the size of PuMp and PeuMp samples was recorded; this is due to the difference of polyols' molecular weight - PEG with M~200 and PCL with M~530 were used as raw materials.

It is simple to observe that the trendline of all four degradation treatments is an easier decrease of PuMp size. However, it is important to make differences between the slopes of the trendlines. The trendlines' equations and slopes were extracted from the MS Excel for this purpose and there are presented in Table 3.

How much a straight line deviates from the horizontal axis is one of its most important characteristics; this parameter is called the "slope" of the straight line (Slope of a Straight Line, http://www.purplemath.com/modules/slope.htm). In our experiment there were obtained similar slopes of degradation trend lines (around -0.2), except the PuMp\_3 sample. In conclusion, eye drops containing polyurethane microparticles with bevacizumab present a very slight degradation in the first 20 days, but this process can be accelerated with an ultrasound treatment (the samples treated with ultrasounds showed higher slopes in both media).

Important degradations were observed for all four treatments in the case of PeuMp sample used as positive control; the slopes of trend lines present values between - 18.24 and -19.86. The same accelerated degradations was obtained for PeuMp sample treated with ultrasounds.

The empty PuMp presented very slight degradation in the first 20 days, with slopes of trend lines between -0.12 and -0.20; these values are closed to those obtained for PuMp with bevacizumab indicating that the drug not influence the microparticles' degradation.

The carrier degradation rate on the one side, and the bevacizumab release rate on the other side, is very important because: (i) bevacizumab presents a short half-life (Li *et al.*, 2012), (ii) a slow degradation of a carrier assures a prolonged drug delivery, and (iii) it assure low concentrations of degradation products in patient body.

Another important aspect of the obtained PuMp is how the polymer particles fixed the drug. The synthesis procedure (a complex process consisting of a polyaddition reaction and a simultaneous emulsification) tends to ensure the formation of hollow polymer particles which physically encapsulate the drug, but in our case the bevacizumab macrostructure presents reactive functional groups. This is the reason why it is assumed that between the drug and the carrier appear chemical interactions too. This chemical bonds decrease the bevacizumab release rate.

It is important to mention that other polymer carriers reported in literature also present very slow degradations. The degradation of bevacizumab-loaded PLGA nanoparticles was studied (Li *et al.*, 2012) during a 100 days experiment. It was found that polymer carriers' degradation rate increases when the molar mass decreases (Lao *et al.*, 2011); the carriers' size can be easily adjusted to lower values and thus can easily penetrate through cornea, but the yield of encapsulation decreases when the carriers' size decreases. In polyurethane domain, the degradation of structural chains in aqueous media can be easily adjusted by inserting of polyester in detrimental of the polyether used as raw material (Rychlý *et al.*, 2011).

## CONCLUSION

Polyurethane microparticles used as carrier for bevacizumab were obtained through a microemulsion process. The microparticles were synthesized using a minimum addition of chemical substances: it was not used any catalyst although the polyurethane chemistry uses tertiary amines and/or organotin compounds and on the other hand, the quantity of surfactant has been minimized, however, the microparticles' stability was not be influenced. Eye drops based on polyurethane microparticles were obtained and there were placed in two different media (simulated body fluid and phoasphate buffered saline) and there were also subjected to an ultrasound treatment. The degradation was evaluated by comparing of the average size of polyurethane microparticles. It was found that degradation of the polymer carriers is very slow, which it is benefit to a slow bevacizumab release and to minimize the concentration of degradation products in patient body.

#### ACKNOWLEDGEMENT

F. Borcan was financially supported by Victor Babes University of Medicine and Pharmacy, Timisoara, Romania (internal competition grant no. 15250/2012).

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