

A Comprehensive Review on the Phytoconstituents from Six Species of the Genus *Amaranthus*

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(Received: September 15, 2018; Accepted: January 6, 2019; Published: January 17, 2019)

Abstract

The objective of this review is to consider the phytoconstituents from six species under the genus *Amaranthus* (*A. retroflexus*, *A. spinosus*, *A. viridis*, *A. caudatus*, *A. hypocondriacus* and *A. tricolor*). A total of sixty five (1-65) phytoconstituents with chemical structures have been reported in this study. *A. retroflexus* consists of high number of reported phytoconstituents.

Key words: *Amaranthus*, Sesquiterpenes, Glucosides, Prenylpropanoids, Phenolics, Triterpnoids, Saponins, Fatty acids, Flavonoids.

Introduction

Environment is a major source of medicinal plants and these plants are using as conformist moieties for the treatment of a variety of diseases from numerous years (Hussain 2018, Hussain *et al.* 2016a, 2016b). These medicinal plants are carrying out curative characteristics (anti-inflammatory, anti-cancer, anti-microbial, anti-oxidant, and anti-plasmodial action) and used as traditional medicine for the treatment of various diseases (Hussain *et al.*, 2011, 2010, 2008; Billa *et al.*, 2013, Ismail *et al.*, 2010). *Amaranthus* is a combination genus of perennial plant (annual and short lived). A small number of *Amaranthus* species have been cultivated as ornamental plants, pseudocereals, and leafy vegetables. A total 60 species are belonging under this genus. *Amaranthus retroflexus* (Family: Amaranthaceae) is an erect and annual flowering herb native to tropical continents with height in 3 m and leaves 15 cm. *A. spinosus* (Spiny amaranth, Family: Amaranthaceae) is a plant used for jaundice and diuretic as traditional medicine. *A. viridis* (Green amaranth) is also an annual herb having light green stem with height 60-80 cm. *A. caudatus* is a flowering plant (Height: 3-8 ft) and can grow everywhere. *A. hypochondriacus* is an ornamental

plant endemic to Mexico and used as a source of food. *A. tricolor* (Family: Amaranthaceae) is an annual flowering plant (Height: 2-3 ft) having rich purple flowers native to Bangladesh and used as a leafy vegetables.

Phytoconstituents: A total six species under the genus *Amaranthus* have been studied in this review and sixty five (1-65) molecules were reported as phytoconstituents (Figures 1-10). The reviewed medicinal plants are *Amaranthus retroflexus*, *A. spinosus*, *A. viridis*, *A. caudatus*, *A. hypocondriacus*, and *A. tricolor*.

Sesquiterpenes: Four sesquiterpenes having anti-oxidant properties were isolated from the medicinal plant *A. retroflexus* for example Amarantholidols A (1), Amarantholidols B (2), Amarantholidols C (3) and Amarantholidols D (4) (Figure 1) (Pacifcao *et al.* 2008).

Glucosides: A bunch of sesquiterpenes glucosides such as Amarantholidoside I (5), Amarantholidoside II (6), Amarantholidoside II (7), Amarantholidoside IV (8), Amarantholidoside V (9), Amarantholidoside VI (10), Amarantholidoside VII (11) have been reported from the *A. retroflexus* (Figure 2) (Fiorentino *et al.*, 2006).

Prenylpropanoids: A few prenylpropanoids were also isolated with chemical structures solved from the species *A. retroflexus* under this genus like Ferulic acid (12), Umbelliferone (13), Apigenin (14),

Boropinic acid (15), 4-Geranyloxyferulic acid (16), 7-Isopentenylcoumarin (17), Auraptene (18), and Umbelliprenin (19) (Figure 3) (Fiorito *et al.*, 2017; Touati *et al.*, 2009; Okuyama *et al.*, 2016).

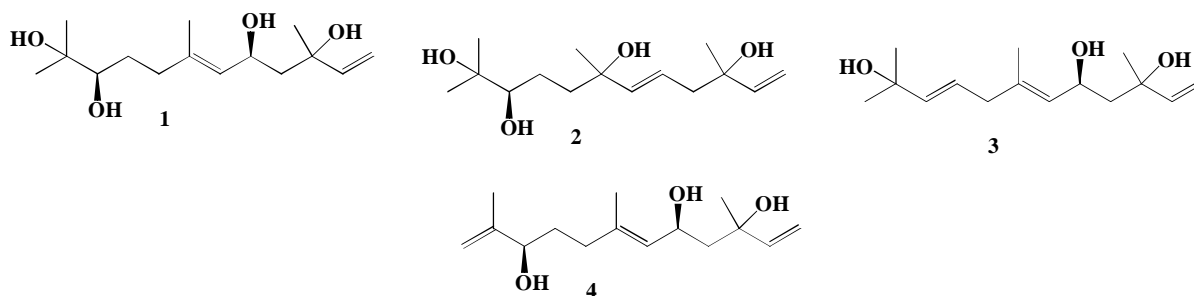


Figure 1. Sesquiterpenes from *A. retroflexus*.

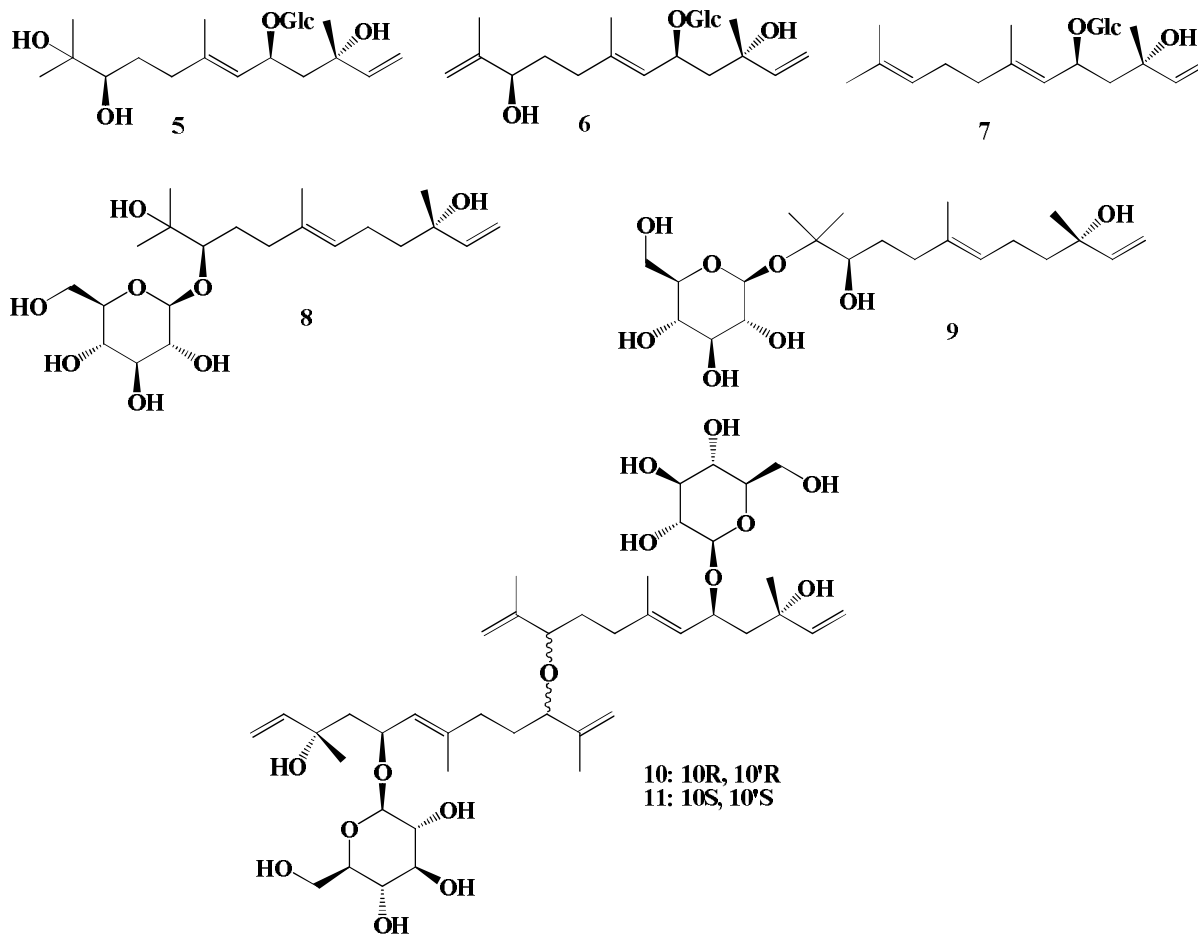
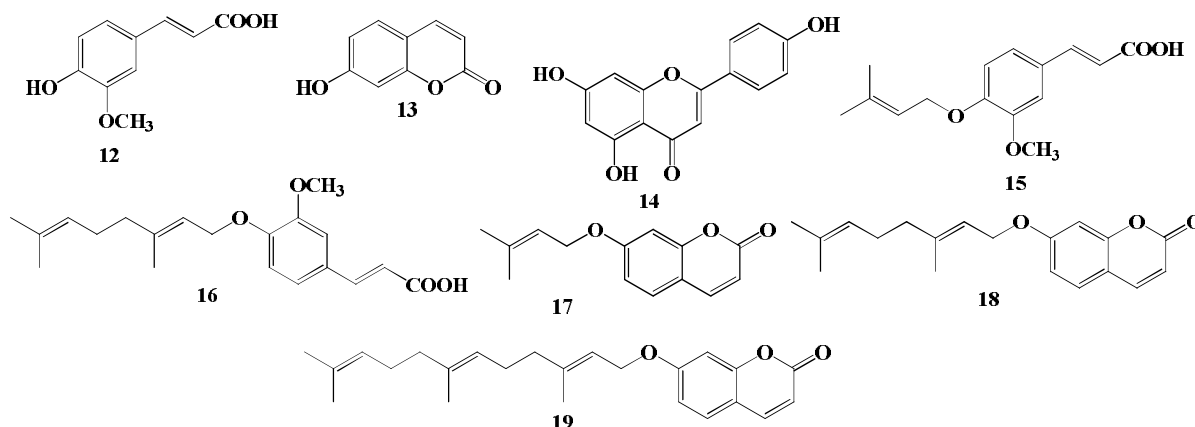


Figure 2. Glucosides from *A. retroflexus*.

Figure 3. Prenylpropanoids from *A. retroflexus*.

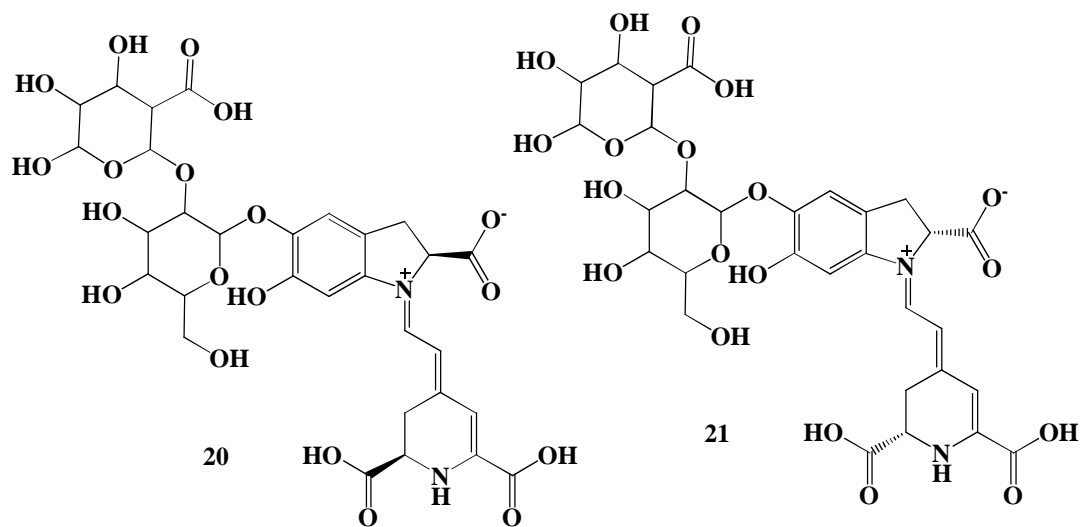
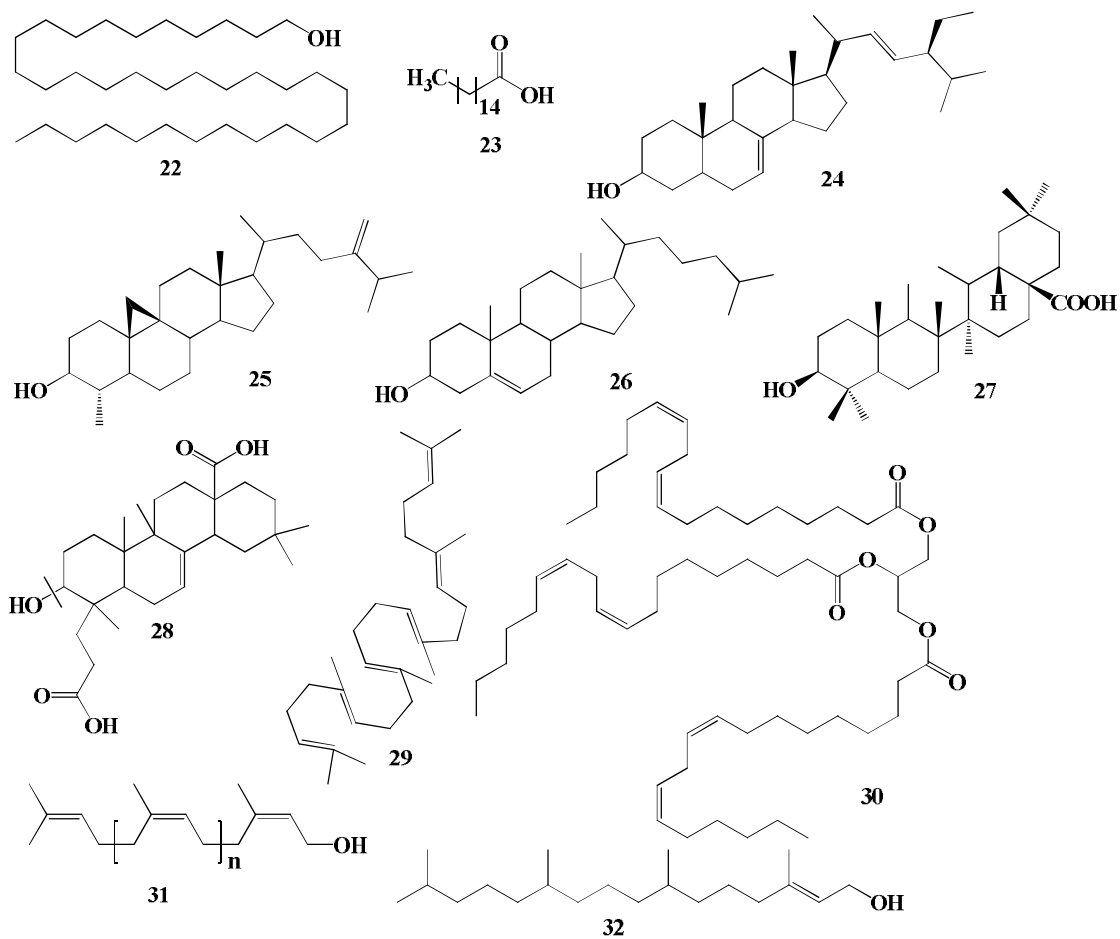
Phenolic compounds: Two phenolic compounds such as Amaranthine (20) and Isoamaranthine (21) bearing anti-malarial activities are known from the medicinal plant *A. spinosus* (Figure 4) (Hilou *et al.* 2006; Stintzing *et al.* 2004).

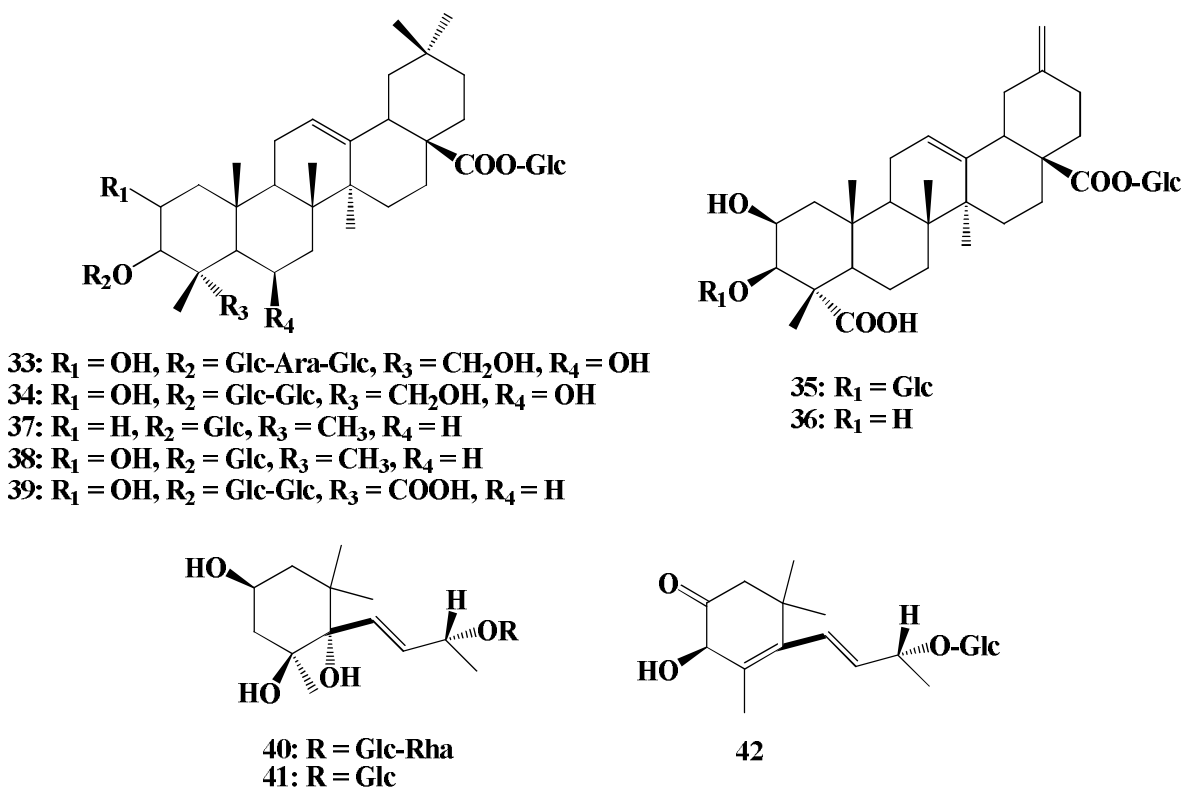
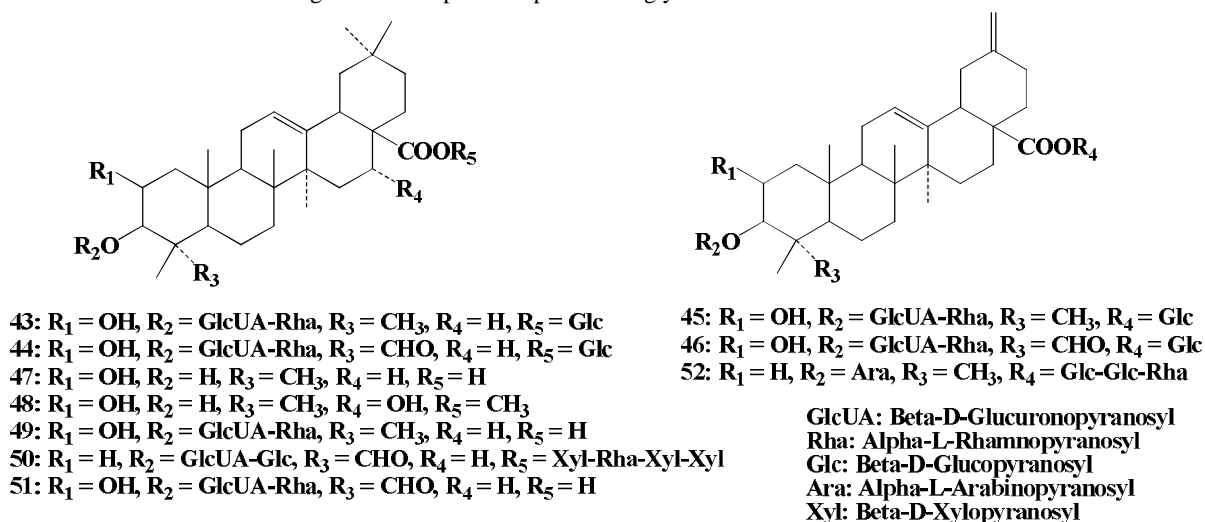
Steroidal molecules: A group of steroidal molecules consist of anti-microbial functions have been found from *A. viridis* for example, Triacontanol (22), Palmitic acid (23), Spinasterol (24), Cycloeucaleanol (25), Cholesterol (26), Oleanolic acid (27), 3,4-seco-olean-12-en-4-ol-3,28-dicarboxylic acid (28), Squalene (29), Trilonolein (30), Polyprenol (31), and Phytol (32) (Figure 5) (Hue *et al.*, 2017, Ragasa *et al.*, 2015; Naeem *et al.*, 2012; Filho *et al.*, 2007; Hoa *et al.*, 2014; Xia *et al.*, 2011; Rao *et al.*, 1998; Basyuni *et al.*, 2017; Santos *et al.*, 2013).

Triterpenoids saponins and glycosides: A lot of triterpenoid saponins and glycosides for example 3-*O*- α -L-Arabinopyranosyl-(1 \rightarrow 2)-[β -D-glucopyranosyl-1 \rightarrow 6]- β -D-2 β ,3 β ,6 β ,23-tetrahydroxy-olean-12-en-28-oic acid-28-*O*- β -D-glucopyranoside (33), 3-*O*- β -D-Arabinopyranosyl-(1 \rightarrow 6)- β -D-glucopyranosyl-2 β ,3 β ,6 β ,23-tetrahydroxy-olean-12-en-28-oic acid-28-*O*- β -D-glucopyranoside (34), 3-*O*- β -D-Glucopyranosyl-2 β ,3 β -dihydroxy-30-norolean-12,20(29)-diene-23,28-dioic acid 28-*O*- β -D-glucopyranosyl ester (35), 2 β ,3 β -Dihydroxy-30-norolean-12,20(29)-diene-23,28-dioic acid 28-*O*- β -D-glucopyranosyl ester (36), Oleanolic acid 3-*O*- β -D-glucopyranosyl-28-*O*- β -D-glucopyranoside (37), 2 β -Hydroxyoleanolic acid 3-*O*- β -D-glucopyranosyl-

28-*O*- β -D-glucopyranoside (38), 3-*O*- β -D-glucopyranosyl-2 β ,3 β -dihydroxyolean-12-ene-23,28-dioic acid 28-*O*- β -D-glucopyranosyl ester (39), 3,4,5-Trihydroxydehydro- α -ionol-9-*O*- α -L-rhamnopyranosyl-(1 \rightarrow 6)- β -D-glucopyranoside (40), 3,4,5-Trihydroxydehydro- α -ionol-9-*O*- β -D-glucopyranoside (41), and 3-Oxo-4-hydroxy- β -ionyl-9-*O*- β -D-glucopyranoside (42) are known to occur in *A. caudatus* (Figure 6) (Rastrelli *et al.* 1998).

Saponins: A few phytochemicals such as saponins were separated from *A. hypochondriacus* such as 3-*O*- α -L-Rhamnopyranosyl-(1 \rightarrow 3)- β -D-glucuronopyranosyl-2 β ,3 β -dihydroxyolean-12-ene-28-oic acid 28-*O*- β -D-glucopyranosyl ester (43), 3-*O*- α -L-Rhamnopyranosyl-(1 \rightarrow 3)- β -D-glucuronopyranosyl-2 β ,3 β -dihydroxyolean-12-ene-23-al-28-oic acid 28-*O*- β -D-glucopyranosyl ester (44), 3-*O*- α -L-Rhamnopyranosyl-(1 \rightarrow 3)- β -D-glucuronopyranosyl-2 β ,3 β -dihydroxy-30-norolean-12,20(29)-dien-28-oic-acid 28-*O*- β -D-glucopyranosyl ester (45), 3-*O*- α -L-Rhamnopyranosyl-(1 \rightarrow 3)- β -D-glucuronopyranosyl-2 β ,3 β -dihydroxy-30-norolean-12, 20(29)-dien-23-al-28-oic acid 28-*O*- β -D-glucopyranosyl ester (46), 2 β -hydroxyoleanolic acid (47), Aterogenic acid (48), Prosapogenin (49), Thladioside H1 (50), Mixture of methyl-glucoside and prosapogenin (51) and Ciwujianoside Cl (52) (Figure 7) (Kohda *et al.*, 1991).

Figure 4. Phenolic compounds from *A. spinosus*.Figure 5. Steroidal compounds from *A. viridis*.

Figure 6. Triterpenoids saponins and glycosides from *A. caudatus*.Figure 7. Saponins from *A. hypochondriacus*.

Fatty acids: Four fatty acids for example Linolenic acid (53), Lignoceric acid (54), Arachidic acid (55), and 24-Methylenecycloartenol (56) with were also isolated from, *A. tricolor* under this genus (Figure 8) (Fernando *et al.*, 1984; Otto *et al.* 2014).

Flavonoids: Four flavonoidal phytoconstituents like Gallic acid (57), Caffeic acid (58), Rutin (59), and Quercetin (60) were also isolated from *A. caudatus* (Figure 9) (Paranthaman *et al.*, 2012; Reckziegel *et al.*, 2016; Zhao *et al.*, 2014).

Miscellaneous compounds: A few other compounds have also been isolated from *A. spinosus* such as Caffeoylquinic acid (**61**), Coumaroylquinic acid (**62**), Feruloylquinic acid (**63**), Quercetin 3-*O*-

rutinoside (**64**), and Quercetin 3-*O*-glucoside (**65**) (Figure 10) (Stintzing *et al.*, 2004; Iwashina *et al.*, 2012).

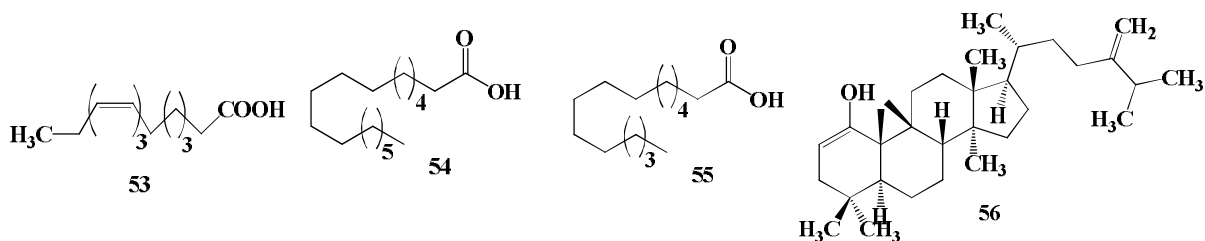


Figure 8. Fatty acids from *A. tricolor*.

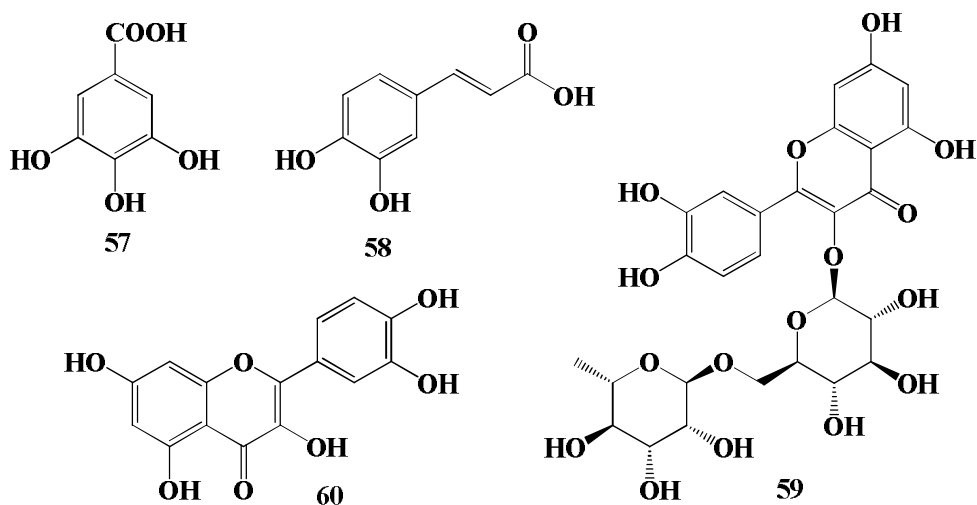


Figure 9. Flavonoids from *A. caudatus*.

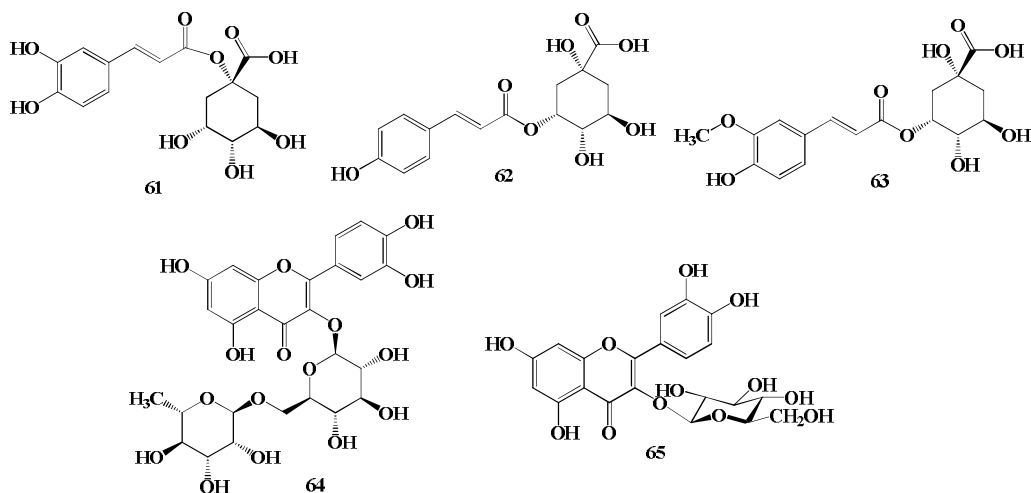


Figure 10. Miscellaneous compounds from *A. spinosus*.

Conclusion

Phytoconstituents from six species under the genus *Amaranthus* have been studied. Different molecules with structurally distinctive characteristics have been reported from these medicinal plants.

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