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Bangladesh J. Sci. Ind. Res. 51(2), 89-94, 2016

**BANGLADESH JOURNAL
OF SCIENTIFIC AND
INDUSTRIAL RESEARCH**

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Some parametric effects on fermentation of *Cyperus esculentus* using *Saccharomyces cerevisiae*

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Abstract

The fermentation of tiger nut (*Cyperus esculentus* var. *sativus*) using *Saccharomyces cerevisiae* was carried out under varying temperature: 25 °C, 30 °C, 35 °C, 40 °C, 45 °C and 50 °C respectively and pH of 4.0 which changes due to temperature. The fermentation time was 8 hours for all the temperatures. The effect of temperature on the rate of fermentation of juice from tiger nut was determined using the volume of carbon dioxide produced. Fermentation rate was observed to be highest at 40 °C while the pH before and after fermentation were 4.10 - 4.29 and 3.60 - 3.67 respectively. The concentrations of ethanol produced were 13.35 g/L, 27.45 g/L, 31.16 g/L, 36.35 g/L, 33.39 g/L and 28.94 g/L at 25 °C, 30 °C, 35 °C, 40 °C, 45 °C and 50 °C respectively.

Keywords: Tiger nut; Fermentation; *Saccharomyces cerevisiae*; Temperature

Introduction

Tigernut (*Cyperus esculentus*) is an underutilized and non-conventional crop of the family *Cyperaceae* which produces rhizomes from the base and tubers that are somewhat spherical. It is commonly known as "earth almond", "chufa", "chew-fa" and "Zulu nuts". It is known in Nigeria as "Ayaya" in Hausa, "Ofio" in Yoruba and "Akiausa" in Igbo where three varieties (black, brown and yellow) are cultivated. Among these, only two varieties, yellow and brown, are readily available in the market. The yellow variety is preferred over others because of its inherent properties like its large size, attractive colour and fleshier nature. The yellow variety also yields more milk, contains lower fat and higher protein and less anti-nutritional factors especially polyphenols (Okafor *et al.*, 2003). Tigernut can be consumed as raw, roasted, dried, baked or made into a refreshing beverage (Cantalejo, 1997). In addition, tigernut is used for making oil, soap, starch and flour.

Harvested fruits may undergo rapid deterioration if proper processing and storage facilities are not provided, especially in the humid tropics where the prevailing environmental conditions accelerate the process of decomposition.

Fermentation in food processing, using yeast and/or bacteria under anaerobic conditions, is a cheap and energy efficient means of preserving perishable raw materials such as pineapple and cashew juices. Although there are several options for preserving fresh fruits, which may include drying, freezing, canning and pickling, many of these are inappropriate for the produce and for use on small-scale in developing countries (Ross *et al.*, 2002). Fermentation is a value addition to the food product.

Studies on fermentation of tropical fruits such as plantain, banana, cola, mango and pineapple for use in the production of wines of comparable quality to conventional grape wines have been on (Amerine *et al.*, 1980; Akingbala *et al.*, 1994; Joshi *et al.*, 2000; Byarugaba-Bazikare, 2008). The need of processing some locally produced agricultural products is becoming increasingly very important as preservation, waste management and economy diversification measure (Adams, 1978; Ribreau-Gayon *et al.*, 2000).

Although many researchers have worked on tiger nut (Eteshola and Oraedu, 1996; Okafor *et al.*, 2003; Belewu and Abodunrin, 2006; Belewu and Belewu, 2007;

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Adejuyitan, 2011; Bamishaiyi and Bamishaiyi, 2011), there is little information on the kinetics of fermentation of tiger nut. This study examines the effects of some physical parameters on the rate of fermentation of *Cyperus esculentus* juice from yellow variety of tiger nut grown in middle belt Nigeria. *Saccharomyces cerevisiae* was used in the fermentation process. *Saccharomyces cerevisiae* has been found to be best for fermentation of fruit juices for wine production (Akingbala *et al.*, 1994; Grossmann *et al.*, 1996; Barnett, 1997; Bely *et al.*, 2008).

Materials and methods

Samples preparation

Fresh tiger nut (yellow variety) was obtained from the main market in Keffi, Nasarawa State, Nigeria. The samples were sorted and cleaned to remove foreign materials, bad nuts and seeds which may affect the taste and quality of the drink. The good nuts were washed thoroughly in distilled water so as to remove any adhering soil. Figure 1 shows the flow chart for juice preparation from tiger nut. Thus: One kilogram of nut was blended with 2 L of water to almost a smooth slurry. This was later filtered using muslin cloth with gentle pressure applied to the content so as to facilitate maximum

liquid extraction. The filtrate was allowed to stand for about 60 min to settle out the starch fraction with subsequent removal of the top liquid portion. The juice sample was filled into jars of capacity 2.5 litres and preserved at 4 °C to prevent any possible degradation or spoilage during storage.

Baker's yeast

Saf-levure baker's yeast (*Saccharomyces cerevisiae*) manufactured by Lesaffre Group, France was purchased from a local market in Keffi, Nasarawa State.

Fermentation study

The method of wine preparation described by Akingbala *et al.* (1994) was adapted. 10.0 cm³ of each juice was taken in a 250 cm³ distillation flask and diluted with 20.0 cm³ of distilled water, to which 2.0 cm³ of ascorbic acid was added. The content (mixture of juice, water and ascorbic acid) was then inoculated with 30.0 cm³ of 20 % (w/v) *Saccharomyces cerevisiae* which was activated at room temperature in 25 % (w/v) sucrose solution and was allowed to ferment for 8 hours. The distillation flask was equipped with thermometer, delivery tube and stirrer and was placed in a thermostatic water bath. The CO₂ evolved was collected in a standard solution of sodium hydroxide (0.2 M NaOH) and the solution was titrated with 0.5 M HCl to get the concentration of CO₂ and its volume was used to determine the rate of fermentation. The pH of the must (content) before and after fermentation was measured using a pH meter. The study was carried out at 25 °C, 30 °C, 35 °C, 40 °C, 45 °C and 50 °C respectively.

Results and discussion

pH variation of must during fermentation.

The pH values of the tiger nut juice at the fermentation temperatures of 25 °C, 30 °C, 35 °C, 40 °C, 45 °C and 50 °C respectively, before and after fermentation are given in Table 1. The results show that the pH of the must at all temperatures before fermentation ranged from 4.10 - 4.29. The pH values of the must at the end of fermentation were 3.67, 3.62, 3.69, 3.60, 3.65 and 3.64. Table I shows that pH of must

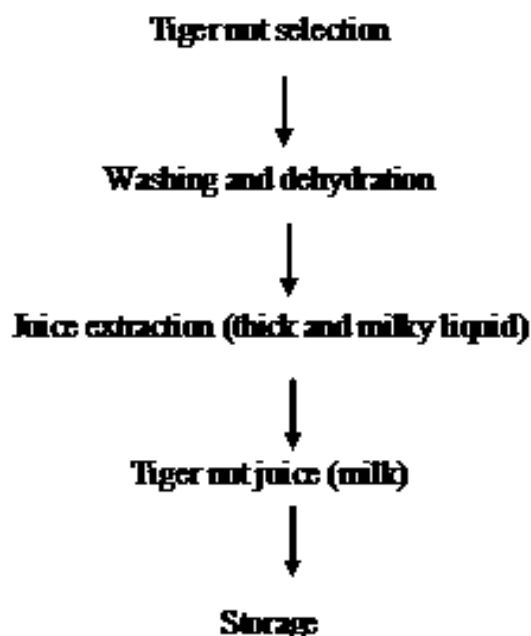


Fig. 1. Flow chart of production process of tiger nut milk

decreased after fermentation for each temperature by a factor ranging from 0.40 to 0.69.

Table I. pH variation of must during fermentation of tiger nut juice

Fermentation temperature °C	Must pH before fermentation	Must pH after fermentation
25	4.10	3.67
30	4.12	3.62
35	4.25	3.69
40	4.29	3.60
45	4.21	3.65
50	4.22	3.64

Improved ethanol fermentation activity can be achieved by controlling various parameters. In addition to temperature and substrate concentration, pH is also a key factor that affects ethanol fermentation (Kasemet and Nisamedtinov, 2007). To determine the variation of pH in the must during fermentation, the pH value of the juices were measured before and after fermentation at different working temperatures.

The pH range obtained from the results above agrees with the favourable pH range (3.75 to 4.35) reported by earlier researchers for *Saccharomyces cerevisiae* (Akingbala et al., 1994, Byarugaba-Bazikare, 2008, Dawodu et al., 2012) (for mango, banana and pineapple respectively). The lower pH value at the end of fermentation is expected due to ethanol production, dissolved carbon dioxide gas and other by-products of fermentation (Boulton et al., 1996 and Joshi et al., 2000). The pH has a significant influence on fermentation due to its effect on yeast growth, fermentation rate and by product formation. Therefore maintenance of pH is of paramount importance in fermentation processes.

Effect of temperature on the fermentation process

Figure 2 shows the plots of volume of carbon dioxide produced (which determines the fermentation rate) against time at the varying fermentation temperatures: 25 °C, 30 °C, 35 °C, 40 °C, 45 °C and 50 °C for tiger nut juice.

Plot A shows that the volume of carbon dioxide increased steadily with time and became constant between 5 and 8

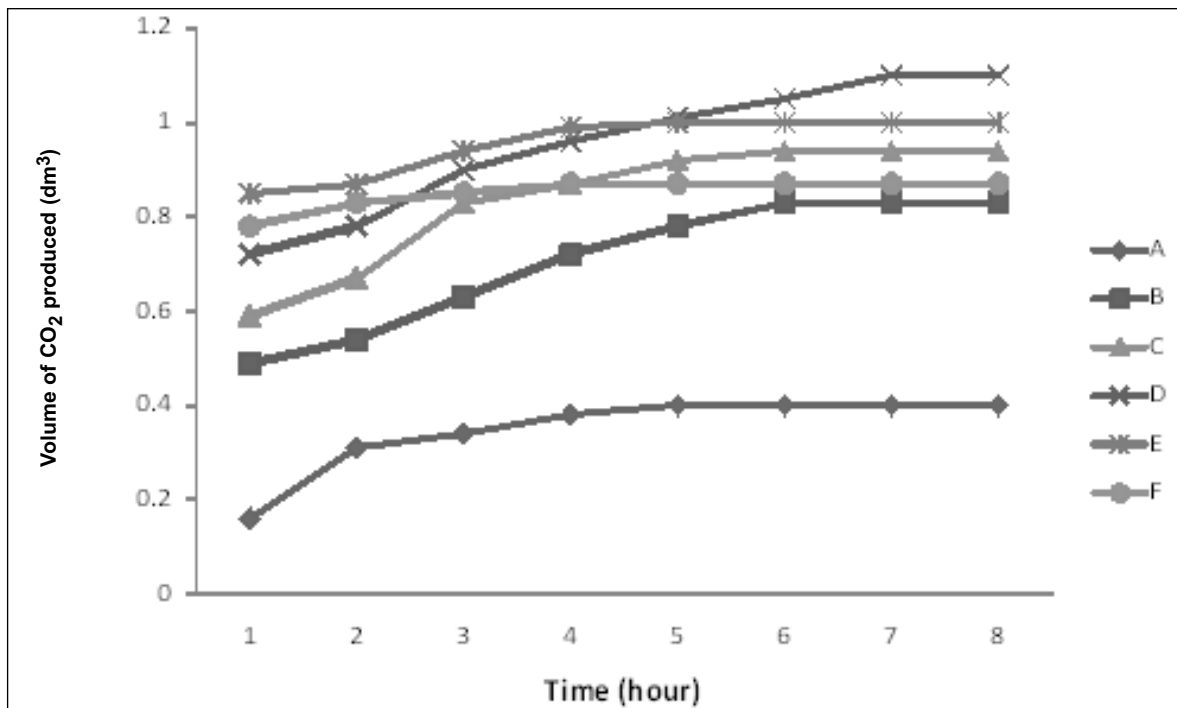


Fig. 2. Effect of temperature on fermentation of tiger nut juice at 25, 30, 35, 40, 45, and 50 °C respectively

hours (0.47 dm^3) showing that at $25 \text{ }^\circ\text{C}$, the fermentation of tigernut juice was complete at 5 hours. Between $30 \text{ }^\circ\text{C}$ and $35 \text{ }^\circ\text{C}$ (plots B & C), fermentation rate increased and consequently ended or stopped at 6 hours, ($30 \text{ }^\circ\text{C}$; 0.83 dm^3 and $35 \text{ }^\circ\text{C}$; 0.94 dm^3) while at $40 \text{ }^\circ\text{C}$ (plot D), the fermentation process was complete at 7 hours (1.10 dm^3). At $45 \text{ }^\circ\text{C}$ (plot E) and $50 \text{ }^\circ\text{C}$ (plot F), the rate of fermentation stopped at 5 (1.01 dm^3) and 4 (0.87 dm^3) hours respectively.

was observed to be higher at high temperatures $35 \text{ }^\circ\text{C}$ and $40 \text{ }^\circ\text{C}$, being highest at $40 \text{ }^\circ\text{C}$ for the *Cyperus esculentus* juice.

Effect of temperature on ethanol yield

Ethanol production gradually increased during fermentation temperature of 25 to $40 \text{ }^\circ\text{C}$ before declining at 45 and $50 \text{ }^\circ\text{C}$. At $25 \text{ }^\circ\text{C}$ ethanol production was 13.35 g/L , at $30 \text{ }^\circ\text{C}$,

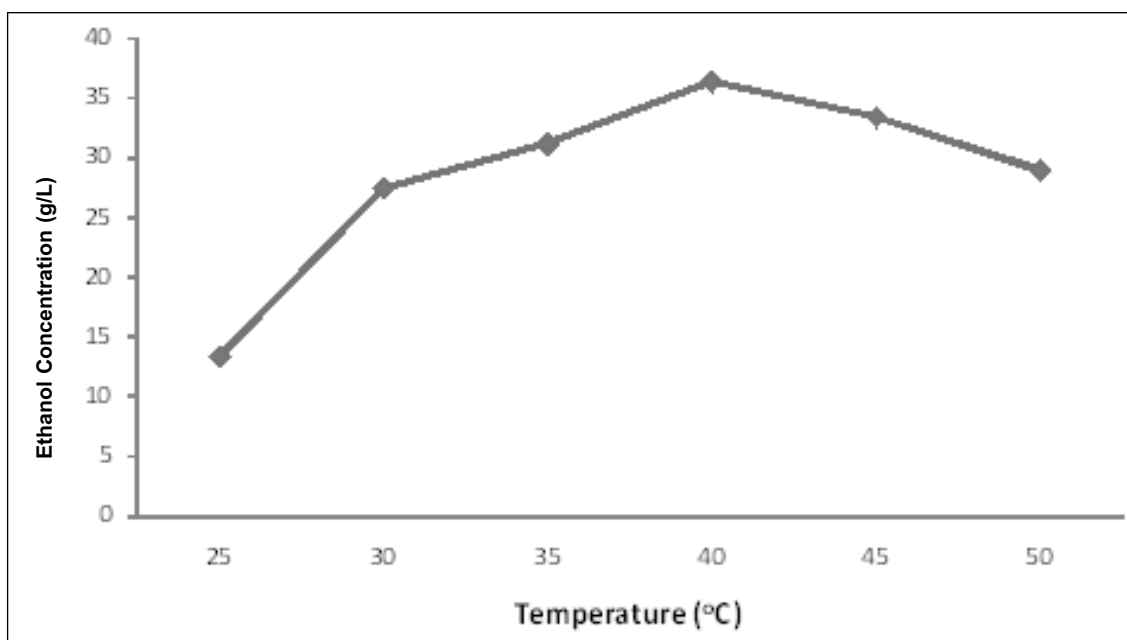


Fig. 3. Effect of temperature on ethanol yield for the fermentation of tiger nut juice

Temperature has a marked influence on the fermentation processes. Usually, the rate of alcoholic fermentation increases with temperature to an optimum between $30 \text{ }^\circ\text{C}$ and $40 \text{ }^\circ\text{C}$ using conventional yeast (Pramanik, 2003). However, both optimum and temperature tolerance for group and fermentation are strongly strain dependent (Rousseue *et al.*, 1992). The temperature range $25 \text{ }^\circ\text{C}$ to $40 \text{ }^\circ\text{C}$ at which the fermentation of tiger nut juice was studied in this work has been reported earlier as the temperature range in which alcoholic fermentation using *Saccharomyces cerevisiae* is favoured (Akingbala *et al.*, 1994; Panjai *et al.*, 2009, Pramanik, 2003) (for mango, pineapple and toddy respectively). The profile of the fermentation at all the temperatures agrees with the profile of alcoholic fermentation with *Saccharomyces cerevisiae* reported by earlier researchers (Bely *et al.*, 2008; Barnett, 1997). The rate of fermentation

was 27.45 g/L , at $35 \text{ }^\circ\text{C}$, 31.16 g/L , at $40 \text{ }^\circ\text{C}$, 36.35 g/L , at $45 \text{ }^\circ\text{C}$, 33.39 g/L and at $50 \text{ }^\circ\text{C}$ it was 28.94 g/L for tiger nut juice (figure 3).

The yield of ethanol at various temperatures indicates that the fermentation temperature range $35 - 40 \text{ }^\circ\text{C}$ is the optimum temperature for production of ethanol by the strain *Saccharomyces cerevisiae*. This result contradicts with the study of Yah *et al.*, (2010) who found optimum temperature of ethanol production from corn cobs to be $25 \text{ }^\circ\text{C}$, but it is in agreement with the study of Dawodu *et al.*, 2012 (pineapple) and Byarugaba-Bazikare (banana), 2008. This result also indicates that the rate of fermentation of tiger nut juice was increased steadily as the temperature changes/ increase from $25 - 40 \text{ }^\circ\text{C}$ using *Saccharomyces cerevisiae*.

Conclusion

In this study, the rate of fermentation of tiger nut juice was monitored at 25 °C, 30 °C, 35 °C, 40 °C, 45°C and 50 °C respectively. *Saccharomyces cerevisiae* was used in the fermentation process. The rate of fermentation is higher at temperatures of 35 °C and 40 °C, being highest at 40 °C. The study could also establish that tiger nut which is not optimally utilized could effectively be used for ethanol production through the process of fermentation using yeast. The process with optimized fermentation parameters (temperature, pH), described in the study could be used for scaling up of the process to a pilot scale or commercial fermenter level thereby making the process more cost effective. It can also be concluded that fermentation could be used as a measure of processing some of the locally produced agricultural products (tiger nut), as a means of preservation, waste management and economic diversification.

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Received: 13 October 2015; Revised: 06 December 2015; Accepted: 31 January 2016.