

## Corosolic acid induces potent anti-cancer effects in CaSki cervical cancer cells through the induction of apoptosis, cell cycle arrest and PI3K/Akt signalling pathway

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### Abstract

The main objective of the present study was to investigate the anti-tumor activity of corosolic acid in CaSki human cervical cancer cells. Fluorescence and phase contrast microscopic techniques were used to study the effect of the compound on cellular morphology and apoptosis. Results revealed that corosolic acid exerted potent, dose- and time-dependent growth inhibitory effects in CaSki cell proliferation. Cells got detached from one another making clusters of small number of cells floating in the medium. After the cells were treated with 10, 50 and 100  $\mu$ M concentrations of corosolic acid, cells began to emit orange red fluorescence more heavily at the centre of cells indicating apoptosis. Corosolic acid also induced G2/M cell cycle arrest in a dose-dependent manner. Increasing doses of corosolic acid treatment to these cells resulted in significant and dose-dependent down-regulation of PI3K and Akt protein expressions.

### Introduction

Natural products continue to play a leading role as novel and promising anti-cancer chemotherapeutic agents. They are used as anti-cancer agents either in their natural form or as synthetic or semi-synthetic derivatives. There are plenty of examples of anti-cancer agents from nature including vinca alkaloids, taxanes, camptothecins, the epipodophyllotoxins etc. In addition, there are many anti-cancer candidates from natural sources which are currently in clinical development or have been recently approved for clinical use. Among all the anti-cancer agents approved so far, natural product based anti-cancer agents constitute around 60-65% of the total (Kingham, 2008; Cragg et al., 2005; Newman and Cragg, 2007; Butler, 2008). Natural products are embellished with their inherent drug likeness and as such most of these compounds have a better receptor-binding tendency (Feher and Schmidt, 2003).

Cancer, which involves uncontrolled growth of abnormal cells in the body, has become a major health problem with its rate of incidence as well as rate of mortality still increasing all the time throughout the globe. A promising anti-cancer agent is the one which can selectively target a cancerous cell without causing too much or no damage to the normal cells.

Various anti-cancer agents are known which can achieve this selectivity through the process of apoptosis induction. Apoptosis, which is also known as programmed cell death, is a highly organized biochemical process to eliminate unwanted cells from the body maintaining homeostasis in multi-cellular organisms. Apoptosis process is characterized by various morphological and biochemical indicators including cell shrinkage, membrane blebbing, chromatin condensation and apoptotic body formation (Taraphdar et al., 2011). Several natural products are known to induce apoptosis in a wide variety of cancer cells.

Apoptosis induction is an important mechanism of anti-cancer action of many anti-tumor agents (Srivastava et al., 2005). Apoptotic induction has been a novel target for pioneering mechanism-based drug discovery. As such there is a pressing need to screen agents from plants which can induce apoptosis in cancer cells.

The objective of the present study was to evaluate the anti-cancer and apoptotic effects of corosolic acid in CaSki cervical cancer cells. The current study also demonstrated the effect of this compound on cell cycle phase distribution, mitochondrial membrane potential loss and PI3K/Akt signalling pathway. The present report constitutes the first such report on this compound against this cell line.

## Materials and Methods

### Materials and reagents

Corosolic acid, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), propidium iodide, acridine orange, Hoechst 33258 were purchased from Sigma Chemical Co. (USA). Corosolic acid was dissolved in dimethyl sulfoxide at a stock solution of 100 mM and stored at -20°C. Dulbecco's Modified Eagle's Medium, RPMI 1640 medium, Triton X-100 were obtained Hangzhou Sijiqing Biological Engineering Materials Co., Ltd. (China). Fetal bovine serum (FBS) was obtained from Gibco BRL (USA). Phosphorylated p-PI3K, PI3K, p-Akt and Akt were procured from Cell Signalling Technology (USA), while as X-ray film for chemiluminescent system was obtained from Fuji Photo Film (Japan).

### Cell line and cell culture conditions

The CaSki cervical cancer cells were purchased from the Shanghai Institute of Cell Resource Center of Life Science (China). The cells were cultured in Minimum Essential Medium (MEM) and RPMI supplemented with 10% (v/v) fetal bovine serum (FBS) under humidified atmosphere of 5% CO<sub>2</sub> at 37°C. The medium was replaced every 3 days. Cells were sub-cultured every 4 days.

### Cell proliferation assay

The cytotoxic effect of corosolic acid against CaSki cervical cancer cells was evaluated by MTT assay. In brief, cells were plated at a density of  $2 \times 10^6$  cells/well. After 24 hours incubation, cells were treated with corosolic acid (0, 10, 20, 50, and 100  $\mu$ M) for 24 and 48 hours, MTT solution (20 mg/mL) was then added to each well. The formazan precipitate was dissolved in 200  $\mu$ L dimethyl sulfoxide and the absorbance was measured in Automated Microplated Reader (Bio-Tek, USA) at 570 nm. The cell viability ratio was calculated by the following formula:

$$\text{Inhibitory ratio (\%)} = (\text{OD}_{\text{control}} - \text{OD}_{\text{treated}}) / \text{OD}_{\text{control}} \times 100\%$$

Cytotoxicity was expressed as the concentration of corosolic acid inhibiting cell growth by 50% (IC<sub>50</sub> value).

### Phase contrast microscopic evaluation of cell morphology

CaSki human cervical cancer cells were plated in 6-well plates at a density of  $2 \times 10^5$  cells/mL and then cultured for 24 hours. Afterwards, the cells were treated with several concentrations of corosolic acid (0, 10, 50 and 100  $\mu$ M) for 48 hours. Subsequent to drug treatment, culture plates were examined using a phase contrast light microscope (Olympus, Olympus Optical Co., Ltd., Japan) and images were captured. Dimethyl sulfoxide was used as a negative control. The same spot of cells was marked and captured. The images were captured at a magnification of 200x.

### Fluorescence microscopy using acridine orange and Hoechst 33258 staining dyes

CaSki human cervical cancer cells were plated on a chamber slide at a density of  $2 \times 10^5$  cells per chamber. The cells were treated with 0, 10, 50 and 100  $\mu$ M doses of corosolic acid and then incubated for 48 hours. Subsequently, 20  $\mu$ g/mL of acridine orange and 20  $\mu$ g/mL of propidium iodide were added to each chamber before the images were captured by a UV fluorescence microscope (Olympus, Olympus Optical Co., Ltd., Japan) using UV filter at 200x magnification to detect morphological evidence of apoptosis. Further, after treating cells with 0, 10, 50 and 100  $\mu$ M doses of corosolic acid, the cells were washed with PBS and fixed with 2.5% formaldehyde for 30 min. After that the cells were again washed removing the fixing solution and then stained with Hoechst 33258. The cells were again washed before analysis under a fluorescence microscope (Olympus, Japan).

### Cell cycle analysis

Briefly, CaSki human cervical cancer cells ( $2 \times 10^5$  cells/mL) were seeded into each well of 6-well plates and incubated for 24 hours for cell adherence. The cells were treated with different concentrations (0, 10, 50 and 100  $\mu$ M) of corosolic acid for 48 hours. After incubation for 48 hours, the cells were harvested and fixed with ice-cold 70% ethanol (5 mL) at -20°C for 1 hour. Before analysis, the cells were washed with cold PBS and resuspended in 460  $\mu$ L of PBS, 20  $\mu$ L propidium iodide and 20  $\mu$ L RNase A. The cells were finally examined by flow cytometry (Becton-Dickinson FACS Calibur flow cytometry) equipped with Cell Quest 3.3 software.

### Western blot (Video clip)

CaSki human cervical cancer cells were treated with 0, 10, 50 and 100  $\mu$ M dose of corosolic acid and then

incubated for 48 hours. The adherent and floating cells were harvested and then washed three times with PBS and then lysed in RIPA buffer and protease inhibitor for 20 min. After centrifugation, the protein content was determined by BCA method for Western blotting analysis. The protein lysates (20  $\mu$ g/lane) were separated by 10% SDS-PAGE and blotted onto nitrocellulose membranes (Millipore, USA). Each membrane was blocked with 6% skim milk, and then incubated with the designated primary antibodies overnight at 4°C. Subsequently, the membrane was incubated with the secondary antibodies (HRP-conjugated goat anti-rabbit or goat anti-mouse IgG) for 1 hour at room temperature and then visualized by Western blotting detection reagents (Trans Gene, China).

#### Statistical analysis

The results represent values from three independent experiments with the data expressed as the means  $\pm$  SD. Differences between the control and treatment groups were examined using one-way ANOVA. Significance of difference was indicated as <sup>a</sup> $p < 0.05$ , <sup>b</sup> $p < 0.01$ .

## Results

#### Anti-tumor activity

Corosolic acid is a pentacyclic triterpene acid found in many plants including *lagerstroemia speciosa*. Its structure is given in Figure 1 while as its anti-proliferative effects in CaSki cervical cancer cells is shown in Figure 2. The results suggest that CaSki cervical cancer cells when treated with increasing doses of corosolic acid, a

dose-dependent growth inhibition was observed. It was also seen that this growth inhibition also increased with increasing incubation times to which these cells were kept. Thus, corosolic acid exhibited dose- and time-dependent cytotoxic effect in CaSki cervical cancer cells.

#### Cell morphology

Initially, phase contrast microscopy was used to investigate the cell morphological effects of corosolic acid. The results of phase contrast microscopy are depicted in Figure 3A-D which indicated that in contrast to untreated control cells which revealed normal cell morphology and exhibited total attachment to one another, the corosolic acid-treated cells showed irregular morphology with clustering of cells and detachment from one another. Decrease in the cell population was observed with the increase in the corosolic acid concentration. Untreated CaSki cells seemed as densely packed multi-layers, whereas after incubation with various concentrations of corosolic acid for 48 hours

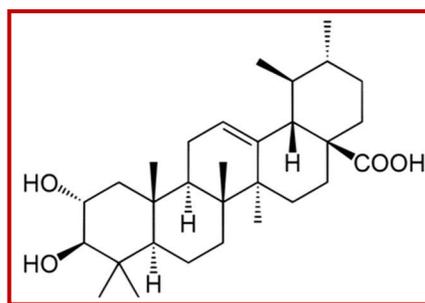


Figure 1: Chemical structure of corosolic acid- a pentacyclic triterpene acid

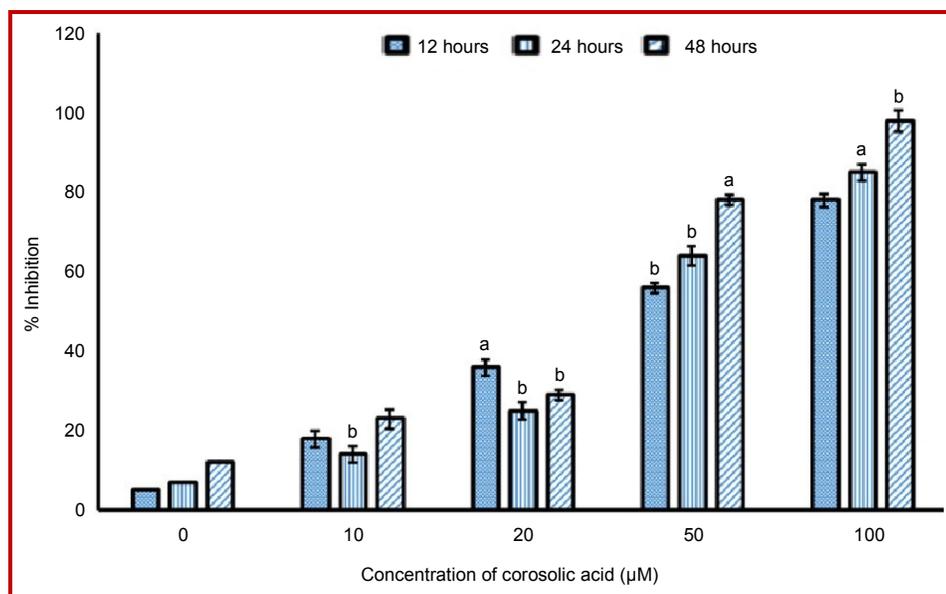


Figure 2: Growth inhibitory effect of corosolic acid in human cervical cancer cells (CaSki) at increasing doses. Data are shown as the mean  $\pm$  SD of three independent experiments. <sup>a</sup> $p < 0.05$ , <sup>b</sup> $p < 0.01$ , vs 0  $\mu$ M (control). MTT assay was used to evaluate the cell cytotoxicity of this compound

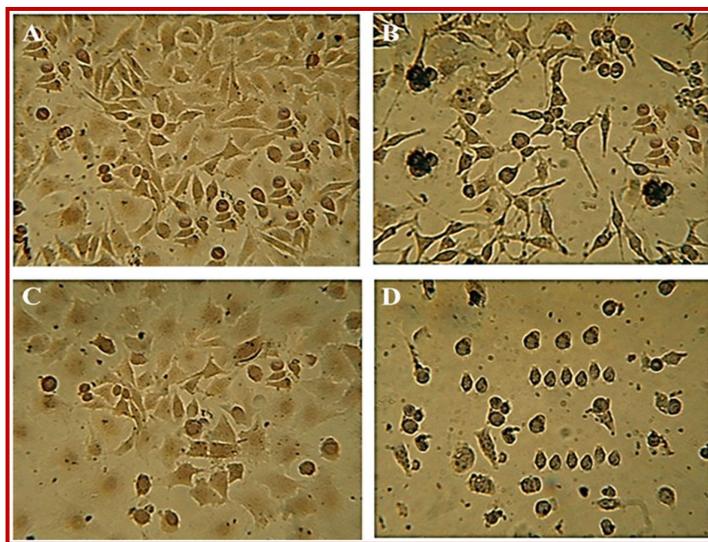


Figure 3: Effects of corosolic acid on the morphology of CaSki cervical cancer cells. Morphological changes were observed under the phase-contrast microscopy after treating without (A, control) and with 10 (B), 50 (C) and 100  $\mu\text{M}$  (D) of corosolic acid for 48 hours

several of the cells became shrunken and detached from each other.

#### Induction of apoptosis

Acridine orange-propidium iodide staining and membrane-permeable Hoechst 33258 (a blue fluorescent dye) staining were also performed to examine the apoptosis-inducing effects of corosolic acid on CaSki human cervical cancer cells. Acridine orange-propidium iodide double staining showed that corosolic acid induced potent apoptotic features. The untreated cells indicated

homogenous green fluorescence (Figure 4A) while as the drug-treated cells treated with 10, 50 and 100  $\mu\text{M}$  dose exhibited orange red fluorescence and the intensity of this fluorescence increased with increasing dose (Figure 4B-D). Acridine orange can be used in conjunction with propidium iodide to differentiate between viable, apoptotic and necrotic cells.

Similar results were obtained using Hoechst 33258 staining and these results are shown in Figure 5A-D, and indicate that unlike untreated control cells which showed normal morphology, drug-treated cells exhibi-

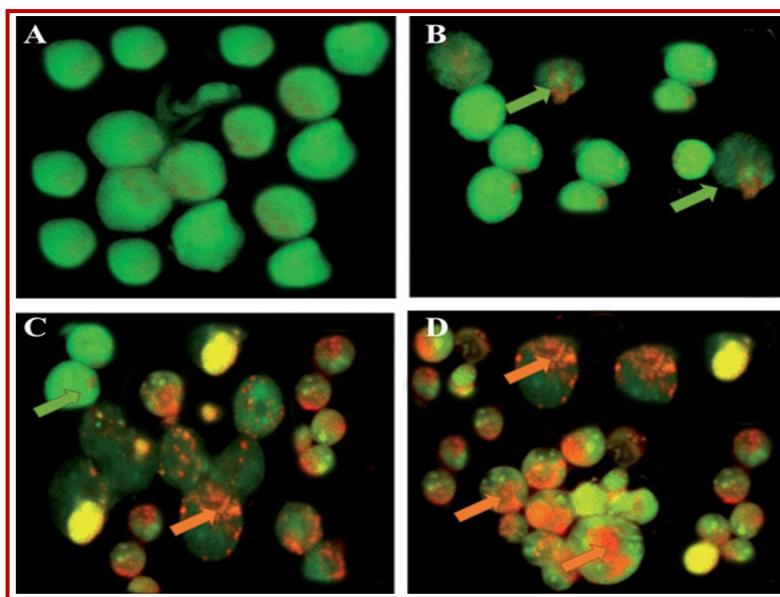


Figure 4: Fluorescence microscopy study of CaSki cervical cancer cells using acridine orange/propidium iodide (AO/PI) staining. The cells were treated without (A, untreated control), and with 10, 50 and 100  $\mu\text{M}$  of corosolic acid for 48 hours. Early and late apoptotic cells are shown by green and orange arrows respectively

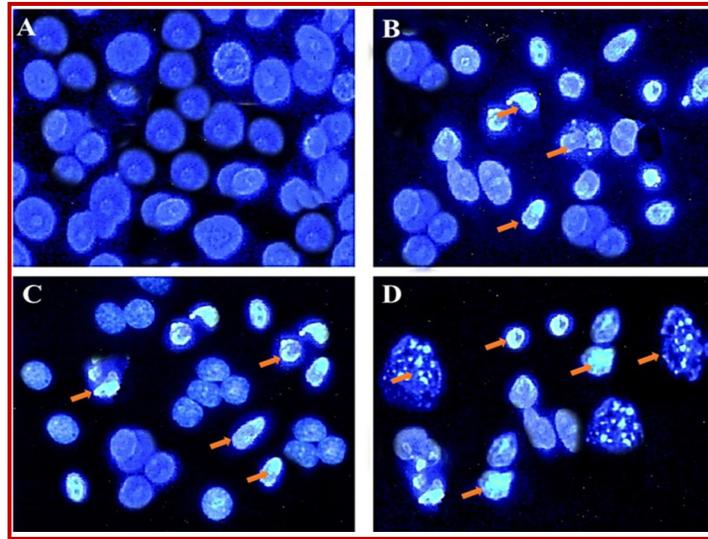


Figure 5: Corosolic acid induces apoptotic morphological features in CaSki cervical cancer cells. The cells were treated without (A, untreated control), and with 10, 50 and 100  $\mu\text{M}$  of corosolic acid for 48 hours. The orange arrows represent cells which have undergone apoptosis. The images were captured using a fluorescence microscope

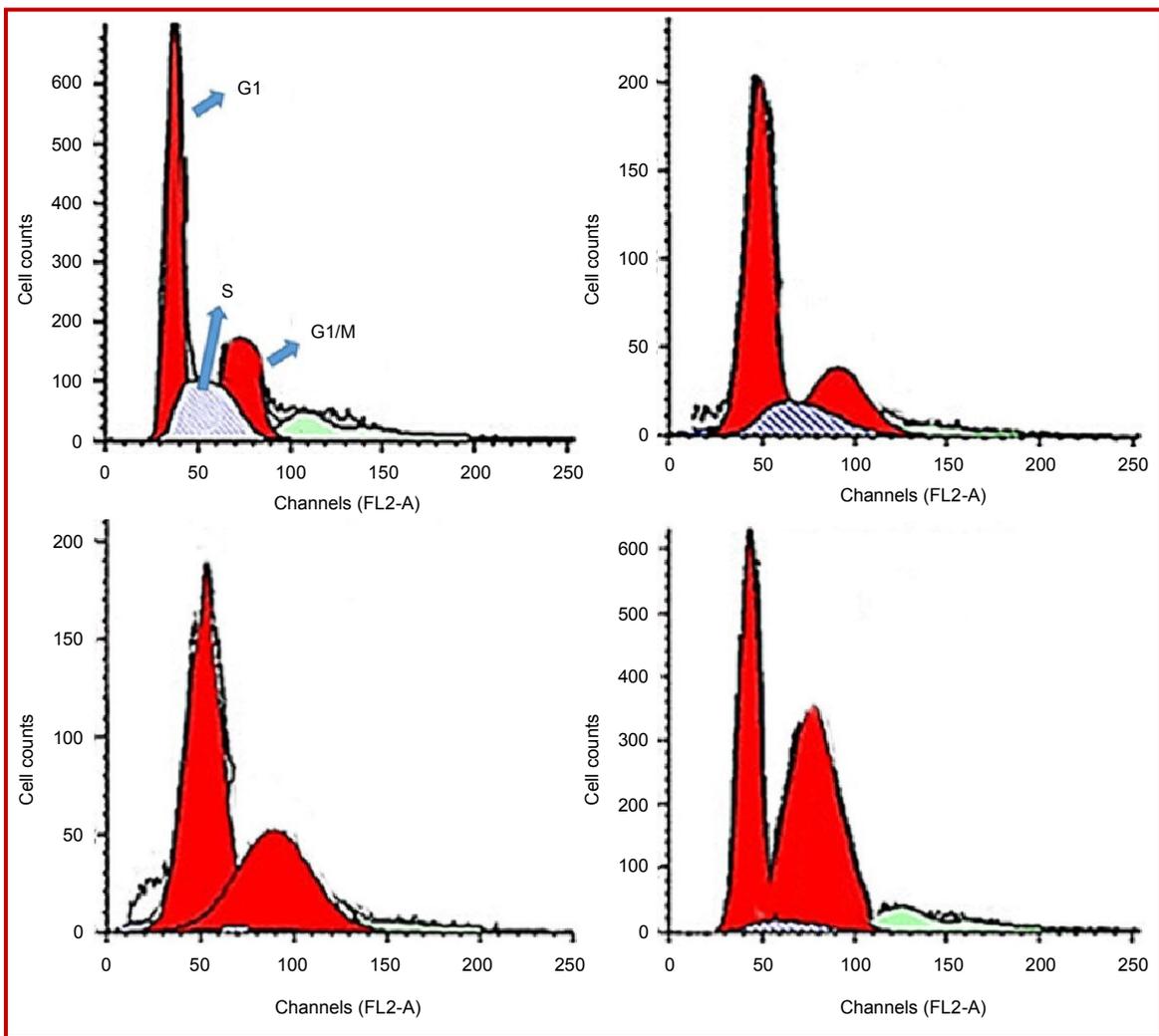


Figure 6: Corosolic acid induced G2/M cell cycle arrest in CaSki cervical cancer cells. Flow cytometry in combination with propidium iodide was used to evaluate the effect of corosolic acid on cell cycle phase distribution in CaSki cells after the cells were treated without 0  $\mu\text{M}$  (A), with 10, 50 and 100  $\mu\text{M}$  of corosolic acid for 48 hours

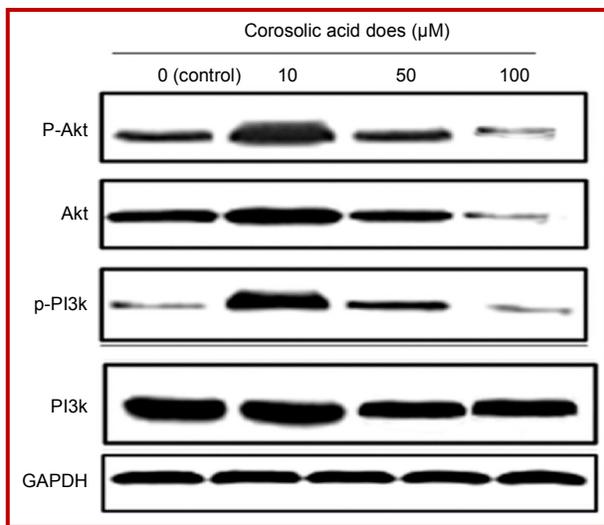


Figure 7: Corosolic acid targets PI3K/Akt signalling pathway in CaSki cervical cancer cells. Western blot assay was used to detect the changes in protein expressions. The cells were treated with 10, 50 and 100  $\mu\text{M}$  dose of corosolic acid and it was seen that there was a down-regulation of PI3K/Akt protein expressions

ted evident signs of apoptosis including membrane blebbing, chromatin condensation, DNA cleavage. Light blue nuclei could be seen under fluorescence microscopy in case of untreated cells, while as apoptotic cells displayed bright blue fluorescence due to karyopyknosis and chromatin condensation.

#### G2/M phase cell cycle arrest

The effect of corosolic acid on cell cycle phase distribution was evaluated by flow cytometry and the results are shown in Figure 6A-D. As compared to the untreated cells, corosolic acid-treated cells indicated that the percentage of cells in the G2/M phase of the cell cycle increased from 34.5 to 67.2% with different doses of the drug. This increase in the percentage of G2/M phase cells was accompanied by a corresponding decrease in the percentage of S-phase cells. Overall, corosolic acid had the tendency to induce G2/M phase cell cycle arrest in dose-dependent manner.

#### PI3K/Akt signalling pathway

The effect of corosolic acid on the PI3K/Akt signalling pathway was examined by Western blot method in order to fully understand the molecular mechanism of action behind the anti-cancer activity of corosolic acid in CaSki cervical cancer cells. The results which are shown in Figure 7 indicate that increasing doses of corosolic acid treatment to these cells resulted in significant and dose-dependent down-regulation of PI3K and Akt protein expressions. Corosolic acid

treated cells exhibited decreased phosphorylation of PI3K and Akt which indicate its ability to inhibit the central cancer pathway.

## Discussion

Triterpenoids are the natural compounds composed of three terpene units with the molecular formula  $\text{C}_{30}\text{H}_{48}$  and are synthesized by plants by the cyclization of squalene. Many triterpenoids including betulinic acid, maslinic acid, ursolic acid, pomolic acid, oleanolic acid have been reported to exhibit anti-tumor properties (Xin et al., 2008; Fernandes et al., 2005; Reyes Zurita et al., 2009; Martin et al., 2007). Corosolic acid (Molecular formula  $\text{C}_{30}\text{H}_{48}\text{O}_4$ ) is an ursane type triterpene and is the main component of banana leaves. This compound has been reported to exhibit a wide range of pharmacological activities including anti-diabetic and antitumor properties (Sivakumar et al., 2009). Corosolic acid has been shown to enhance the anti-tumor effects of chemotherapy in ovarian tumor cells by suppressing signal transducer and activator of transcription 3 signaling (STAT3). Compounds that inhibit STAT3 signalling pathway are promising anti-cancer candidates and many of those compounds are currently in clinical trials for the treatment of malignant cancers (Page et al., 2011; Fujiwara et al., 2013). Corosolic acid has been shown to inhibit the cell proliferation of osteosarcoma and glioblastoma cancer cells. The compound has been found to exert both *in vitro* and *in vivo* effects in suppressing subcutaneous tumor development and lung metastasis in a mouse model of osteosarcoma (Fujiwara et al., 2011; Horlad et al., 2013).

To the best of our knowledge, there are no previous reports on the anti-cancer effects of corosolic acid in CaSki cervical cancer cells. In the present study, our aim was to evaluate the anti-cancer potential of corosolic acid against CaSki cervical cancer cells by studying its effect on apoptosis induction, cell cycle arrest and PI3K/Akt signalling pathway. Corosolic acid exerted potent, dose- and time-dependent growth inhibitory effects in CaSki cell proliferation. On treating with different doses of corosolic acid for 48 hours, phase contrast microscope revealed that the cells got detached from one another making clusters of small number of cells floating in the medium. Corosolic acid treated cells began to emit orange red fluorescence indicating the onset of apoptosis in these cells. Corosolic acid also induced G2/M cell cycle arrest in a dose-dependent manner. Increasing doses of corosolic acid treatment to these cells results in significant and dose-dependent down-regulation of PI3K and Akt protein expressions.

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## Conclusion

Corosolic acid exerts potent anti-cancer effects in CaSki cervical cancer cells via apoptosis induction, G2/M cell cycle arrest and down-regulation of PI3K/Akt signaling pathway.

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## Conflict of Interest

The authors declare that there is no conflict of interest to reveal.

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