

SUBACUTE CUTANEOUS LUPUS ERYTHEMATOSUS IN A YOUNG MALE: A RARE CASE REPORT FROM BANGLADESH

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Systemic lupus erythematosus (SLE) is a chronic multisystem involving autoimmune disease that affects women more commonly than males. Globally of all SLE patients only 5-10% are male. Cutaneous manifestation of Lupus erythematosus can be divided into 3 types: acute cutaneous LE (ACLE), subacute cutaneous LE (SCLE) and chronic cutaneous LE (CCLE). SCLE mainly affects middle aged women of caucasian origin, so its presentation in a young male of south asian origin is a rare clinical occurrence. We are reporting a rare diagnosis of SCLE in a young bangladeshi boy of 20 years age who presented with papulosquamous and photosensitive skin lesions who later faced diagnostic difficulty and treatment response. After thorough investigations, confirmed diagnosis was made. After appropriate immunotherapy favourable outcome was achieved. This instance illustrates the requirement for enhanced clinical awareness of SCLE in atypical demographics.

Keywords: SCLE, Subacute cutaneous lupus, Systemic lupus erythematosus, Young Male, ANA positive, Anti SSA/Ro positive, Interface dermatitis, SLE rash, case report. Immunotherapy.

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