Medical Quiz

Medical quiz: image 2
Rahim MA

A 70-year-old lady from a southern, coastal district of Bangladesh, presented with a 4-month history of anorexia and weight loss. She received medical advice locally by village doctors, took anti-ulcer drugs, anti-emetics and vitamins, without any benefit. Because of COVID-19 pandemic, she failed to manage to seek medical advice from District Sadar Hospital, she added.

The lady was thin, wasted and anaemic. There was a non-tender, hard swelling in left side of neck (Figure 1). An upper gastro-intestinal (GI) endoscopy was performed (Figure 2).

Answer the following question.

Question 1. What is the most likely diagnosis?

Question 2. Before requesting for the upper GI endoscopy, what other systemic examinations are needed?

Question 3. Mention 3 important risk factors for such a diagnosis?

Question 4. Will you suggest any precaution before doing upper GI endoscopy in COVID situation?

Figure 1 Swelling in the left supra-clavicular region

Figure 2 Endoscopic view of the oesophagus

Address of correspondence: Muhammad Abdur Rahim, Associate Professor, Nephrology, BIRDEM General Hospital, Dhaka, Bangladesh. Email: muradrahim23@yahoo.com