

Article

## Determination of antibiotics sensitivity profiles of bacteria isolated from raw milk

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**Abstract:** The extensive progress of dairy sectors in a developing country like Bangladesh, led to widespread use of antibiotics to improve the health and productivity of animals. Prolonged usage may lead to antibiotic residues in foods of animal origin; hence, the emergence of antimicrobial resistant microorganisms. Accurate data on the antibiotic usage in livestock treatment, antibiotic residues and antimicrobial resistances in raw milk in Bangladesh are lacking. This study aimed to investigate the types and usages of antibiotics in cattle, their potential microbial resistances in raw milk samples. To do so, a total of 54 raw milk samples were evaluated and the bacterial isolates were identified and measured for resistance to 4 antibiotics most commonly used during bacterial infection Bangladesh. Amongst all 54 (100%) isolates were positive to *S. aureus* and 36 (66.67%) isolates were positive to *E. coli*. Determination of the antibiotic resistance pattern of isolates showed that all isolates of *S. aureus* were resistant to cefoxitin (81.48%), ampicillin (64.81%), ciprofloxacin (51.85%), and gentamycin (70.37%). *E. coli* showed resistance to cefoxitin (69.44%), ampicillin (83.33%), ciprofloxacin (77.78%), and gentamycin (86.11%). However multidrug resistance pattern was also found. The obtained results provide evidence that antimicrobial resistant strains of the above pathogens have become remarkably widespread in raw milk. This requires better management for antibiotic usages among livestock farmers to control sources of food contamination and reduce the health risks associated with the development of resistant microbial strains

**Keywords:** antibiotics; resistance; susceptibility; bacteria; milk

### 1. Introduction

Antibiotics, the microbiologically produced composites, are used in humans to treat or prevent certain diseases initiated by infectious agents. Nevertheless, the major antibiotics used for humans either belong to the same general classes or have the identical mode of action as those used for animals (Joshi, 2002). The most frequently used antibiotics in livestock among major Bangladeshi dairy farmers are Gentamicin, Ciprofloxacin, Ampicillin and Cefoxitin which belong to the Aminoglycoside, Fluroquinolone, Penicillin and Cephalosporin groups of antibiotics respectively. It is also worth mentioning that the precise amounts of antibiotics used by farmers in livestock production in Bangladesh are not acknowledged since they are not planned. These antibiotics are generally used to treat respiratory, urinary tract, gastrointestinal, and abdominal infections, including Gram-negative (*Escherichia coli*, *Haemophilus influenzae*, *Klebsiella pneumoniae*, *Proteus mirabilis*, and *Pseudomonas aeruginosa*), and Gram-positive (methicillin-sensitive and methicillin-resistant *Staphylococcus aureus*, *Streptococcus pneumoniae*, *Staphylococcus epidermidis*, *Enterococcus faecalis*, and *Streptococcus pyogenes*) bacterial (Dutta *et al.*, 2013). The foremost global public concern and health hazard related with antibiotic residues is the development of the antimicrobial resistant bacterial strains of animal origin and its consequential effect on human health (Threlfall, 2002; Aarestrup, 2006) regarding the efficacy of antimicrobial therapy (Casadevall, 1996). According to Prescott and Baggot (1993), microbial resistance to

aminoglycosides, particularly Streptomycin, Neomycin, and Kanamycin is very common and pathogens present in the milk mainly *S. aureus*, *E. coli* O157:H7 and *L. monocytogenes* may easily develop antimicrobial resistance (Seeliger and Jones, 1986; Peles *et al.*, 2007). Isolates of *S. aureus* are frequently resistant to methicillin and essentially all other  $\beta$ -lactam antibiotics. An organism with this type of resistance is referred to as methicillin-resistant *S. aureus* or MRSA (Lee, 2003). MRSA strains have been isolated in many countries from cows' or small ruminants' milk and various dairy products (Turutoglu *et al.*, 2006; Juhasz-Kaszanyitzky *et al.*, 2007; Normanno *et al.*, 2007; Ateba *et al.*, 2010; Hata *et al.*, 2010; Spanu *et al.*, 2010; Vyletelova *et al.*, 20011; Nam *et al.*, 2011; Ünal *et al.*, 2012). Concerning all these kinds of adverse effects the present study aimed to isolate bacteria from milk obtained from different areas of Bangladesh and further characterization of their resistance and susceptibility patterns to selected antibiotics as well as to evaluate the prevalence of multidrug resistant of bacteria in milk.

## 2. Materials and Methods

### 2.1. Sample collection

A total of 54 raw milk samples were collected for microbial analysis from different areas of Bangladesh during the period of January to April, 2016. About 100 ml of fresh raw milk samples were collected in a sterile sample container using a sample collector ice box at 4°C and were transported to the laboratory without delay.

### 2.2. Isolation and enumeration of bacteria

The bacterial count was performed by standard plate count method (ICMSF, 1986). The microbiological conditions of safety and hygiene were then assessed using the methods recommended by International Commission on Microbiological Specifications for Foods (ICMSF, 1986). Serial dilutions of samples were made up to 10<sup>-7</sup> in sterile normal water. Bacterial count was carried out by the spread plate technique. The sample (0.1ml) of each dilution was taken onto each sterile petridish and evenly spread on different culture medium and incubated at 37 °C for 24 hours. Total viable count (TVC), total coliform count (TCC) and total staphylococcal count (TSC) were done for enumeration using Standard Plate count agar, MacConkey Agar and Mannitol Salt Agar respectively. Bacterial isolates were then identified according to the Bergey's manual of determinative bacteriology (Buchanan and Gibbon, 1984).

### 2.3. Study of antibiogram

The in vitro susceptibility and resistance of the isolated organisms from Mac conkey and Mannitol Salt agar against different antibiotics was measured by the Kirby-Bauer method (Bauer *et al.*, 1966; Marjan *et al.*, 2014). In this study four commonly available antibiotics such as ciprofloxacin (CIP, 5 µg), Gentamycin (CN, 10µg), Cefoxitin (Fox, 30µg), Ampicillin (AMP, 10µg) were used. Suspensions of the test organisms were prepared using Muller-Hinton broth by adjusting the turbidity of the broth with normal saline to match the equivalent turbidity standard of McFarland (0.5 standards) and was incubated for 2 hours. Sterile cotton swabs were dipped into the suspensions and the swabs were then evenly spread over the entire surface of a Muller-Hinton agar plate to obtain uniform inoculums. Antibiotic discs of appropriate concentrations were applied aseptically over the surface of the inoculated plates at appropriate spatial arrangement by means of sterile needle within a distance of 5 mm. Plates were then inverted and incubated at 37° for 14 hours. The diameters of the zones of complete inhibition were measured to the nearest whole millimeter using zone inhibition scale. Zones of inhibition for individual antimicrobial agents were translated into susceptible, intermediate and resistant categories by referring the recommended NCCLS interpretative standards (NCCLS, 2002).

## 3. Results and Discussion

In total 54 raw milk samples were collected. Out of them 54 samples were found positive for *S. aureus* and 36 samples were found positive for *E. coli* which were identified phenotypically based on colony characteristics (Table 1) and biochemical properties (Table 2). The experimental result of raw milk (100%) samples revealed that all the samples were contaminated with *S. aureus*. Several studies have indicated the assortment of pathogenic bacteria especially staphylococcus spp. may rise in raw milk and cheese samples may responsible for the nausea, vomiting, abdominal cramps and diarrhea like diseases (Balaban and Rasooly 2000; Omori *et al.*, 2001; Aly and Galal, 2002; Robinson, 2002; Soomro *et al.*, 2002; Lues *et al.*, 2003; Soomro *et al.*, 2003; Chye *et al.*, 2004; Marjan *et al.*, 2014). The identification of coliform bacteria, such as *E. coli*, in raw milk is a common indicator of fecal contamination. Their presence in raw milk generally related with fecal contamination of water sources or unhygienic practices during milking process. Irregular bathing of animal, feeding of animal in low land, muddy cow yard, unsanitary milking utensil and contamination of body surface by feces could also

act as critical factors. Higher prevalence of *E. coli* was recounted by many authors. In Malaysia Yuen *et al.* (2012) found the presence of *E. coli* in 47% of raw milk samples. In India Pant *et al.* (2013) found *E. coli* in 100% raw milk samples. Lower coliform count than this study was found in Uddin *et al.* (2011). *E. coli* normal flora is supposed to be harmless. But some pathogenic strains of *E. coli* can cause gastroenteritis, urinary tract infection as well as diarrhea in infants. Although this study found 36 (66.67%) samples positive for *E. coli* which was very close to above research findings

To find out antibiotic susceptibility, total 4 antibiotics were tested against 54 isolates of *S. aureus* and 36 isolates of *Escherichia coli*. The tested antibiotics were divided into mainly two group G-I (Cell wall synthesis inhibitor) and G-II (Protein synthesis inhibitor) (Tables 3 and 4).

The strain of *S. aureus* (Table 3) signifies that only 16.67% isolates showed susceptibility against Ampicillin. It was followed by Cefoxitin and Gentamycin; whereas 11.11% and 18.52% isolates showed susceptibility against these two antibiotics. The highest sensitivity found only in case of Ciprofloxacin which was 20.37%. On the contrary the highest resistance of *S. aureus* isolates found in case of Cefoxitin 81.48% and this resistance followed to other antibiotics; 64.81%, 51.85% and 70.37% isolates showed resistance against Ampicillin, Ciprofloxacin and Gentamycin respectively. Figure 1 shows the antibiotic resistance pattern and multidrug resistance results in the tested isolates of *S. aureus*. It shows that all the isolates of *S. aureus* were resistant to two or more of four antibiotics used here. Among 56 isolates of *S. aureus* all of them were multidrug resistant but showing their resistance patterns differently for different. One thing the present study reflects that approximately 81.48% *S. aureus* isolates showed resistance against cefoxitin antibiotic (Table 3). Cefoxitin is one of the indicators of identification of Methicillin resistant *S. aureus* (MRSA). Occurrence of Methicillin resistant *S. aureus* in food samples has been a chief concern worldwide (Shanebandi *et al.*, 2014). Additionally, the presence of MRSA may be considered as indicator of resistance of the isolates against the other  $\beta$ -lactam antibiotics (Enright *et al.*, 2002; Naimi, 2003; Zinke *et al.*, 2012; Shanebandi *et al.*, 2014). The strain *E. coli* represents that only 8.3% isolates showed sensitivity against Ampicillin (Table 4). It was followed by Ciprofloxacin and Gentamycin; only 5.56% isolates showed sensitivity against these two antibiotics. The highest sensitivity found only in case of Cefoxitin which was 22.22%. Among 36 *E. coli* isolates, 86.11% exhibited resistance against Gentamycin. However, same percentage of isolates showed resistance against Ampicillin. Percentage of intermediate isolates remained within 8-17% for almost all the antibiotics tested. This result finds similarity with Afroz *et al.* (2013), which isolated *E. coli* showing high resistance against Gentamycin (88%) in antibiotic susceptibility test. Figure 2 showed the antibiotic resistance pattern and multidrug resistance results in the tested isolates of *E. coli*. It shows that all the isolates of *E. coli* were resistant to two or more of four antibiotics used here. Among 36 isolates of *E. coli*, all of them were multidrug resistant but showing their resistance patterns differently for different antibiotics. However, results of this study differ from a previous study of Islam *et al.* (2010) who found only 3.12% isolates to be MDR but the findings of Nipa *et al.* (2011) who showed 98.06% isolates to be MDR, has a close proximity with present study.

In developing countries like Bangladesh more than 70% of infecting bacteria have been accounted as multi drug resistant strain (MDR) (Prescott, 2000; Jilani *et al.*, 2008; Dutta *et al.*, 2013). However, one of our research individuals reported multi drug resistant bacteria isolated from the milk and milk products (Marjan *et al.*, 2014). Prevalence of such a large amount of MDR bacteria in food samples is a hurdle to develop a healthy and safe living environment for human.

**Table1. Isolation of bacteria (colony characteristics).**

Organism	Colony characteristics
<i>Staphylococcus aureus</i>	Distinctly white color and lemon yellow color in MannitolSaltagar were studied separately.
<i>Escherichia coli</i>	Red colonies surrounded by a precipitation zone.

**Table 2. Identification of bacteria (biochemical test).**

Isolates	TSI							MIU		MR	VP
	But	Slant	H <sub>2</sub> S	Gas	Citrate	Catalase	Motility	Ind	Ura		
<i>E. coli</i>	A	K	-	+	-	-	+	+	-	+	-
<i>S. aureus</i>	-	-	-	-	+	+	-	-	+	+	+

Note: A=Acidic, K=Alkaline, MR=Methyle red, VP=Voges-Proskaur, TSI= Triple Sugar Iron, MIU= Motility Indole Urease, Ind= Indole, Ura= Urease

**Table 3. Antibiotic sensitivity profile of *S. aureus* isolates (%).**

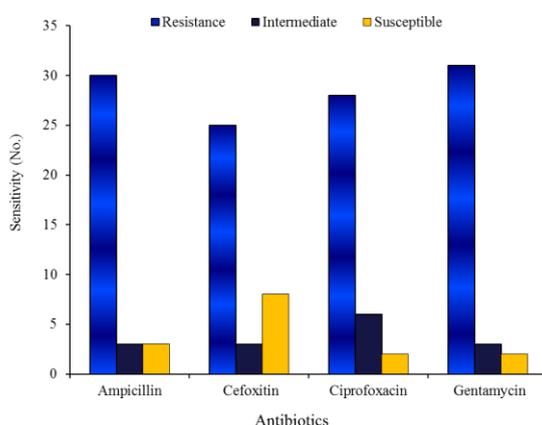
Sensitivity	G-I (Cell wall synthesis inhibitor)		G-II (Protein synthesis inhibitor)	
	AMP	FOX	CIP	CN
R	64.81	81.48	51.85	70.37
I	18.51	7.41	27.78	11.11
S	16.67	11.11	20.37	18.52

Note: AMP=ampicillin, CN= gentamycin, FOX= cefoxitin, CIP-ciprofloxacin, R-resistance, I-Intermediate, S-Susceptible

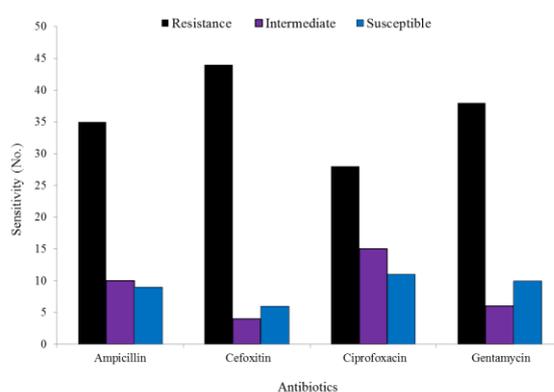
**Table 4. Antibiotic sensitivity profile of *E. coli* isolates (%).**

Sensitivity	G-I (Cell wall synthesis inhibitor)		G-II (Protein synthesis inhibitor)	
	AMP	FOX	CIP	CN
R	83.33	69.44	77.78	86.11
I	8.33	8.33	16.67	8.33
S	8.33	22.22	5.56	5.56

Note: AMP=ampicillin, CN= gentamycin, FOX= cefoxitin, CIP-ciprofloxacin, R-resistance, I-Intermediate, S-Susceptible



**Figure 1. Antibiotic sensitivity profile of *S. aureus* against commonly used antibiotics in Bangladesh.**



**Figure 2. Antibiotic sensitivity profile of *Escherichia coli* against commonly used antibiotic in Bangladesh**

**4. Conclusions**

The present study gives us a redirection to the sensitivity profiles of *S. aureus* and *E coli* isolated from milk samples against four commonly used antibiotics in Bangladesh and also depict the multi-drug resistance of some bacterial isolates in a variety of milk samples which ultimately give a point to indiscriminate use of antibiotics in dairy field. And it is a great matter of concern for human health also because we are the people who consume these animal products. Moreover these multidrug resistant bacteria may no longer be treated with conventional

therapeutic drugs and they are also capable of spreading their resistant gene to other bacterial genera. So, frequent use of antibiotics should be prohibited. And government should give a concern on that.

### Conflict of interest

None to declare.

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